



Ivers has been involved in public works for over 27 years.

## Deputy Public Works Director elected as the President-Elect of the APWA

Mary Joyce Ivers, Deputy Public Works Director with the City of Ventura has been elected as the President-Elect of the American Public Works Association (APWA). Ivers will lead a 17-member Board of Directors who serve more than 30,000 public works professionals throughout North America. APWA aims to enhance the visibility and awareness of public works, to give voice to the issues surrounding infrastructure on local and national levels, and to equip public works professionals with quality educational opportunities and resources so that they can more effectively work to improve the quality of life for all.

“The Public Works Department is very proud and excited for Mary Joyce Ivers and this outstanding opportunity. She has served the City of Ventura so well. She will do an amazing job at the national level,” said Public Works Director Phillip Nelson.

Ivers has been involved in public works for over 27 years. She was recently promoted to Deputy Public Works Director overseeing the Operations

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Chris Prewitt, husband, and father was out training for a marathon.

## Former VUSD teacher and assistant principal honored five years after death

On the morning of April 7, 2014, Chris Prewitt, husband, and father was out training for a marathon when he was hit by a driver under the influence and

passed away. Chris’ students described him as inspiring, with an ever-present smile and welcoming attitude. Two organizations will honor his spirit

this month. Mothers Against Drunk Driving (MADD) recently hosted the Ventura County Walk Like MADD 5K in his honor, and the Ventura Unified School District (VUSD) awarded the Chris Prewitt Eternal Optimist Award at a District-wide meeting on Tuesday, August 20, 2019.

Prewitt was a teacher at Foothill Technology High School (FTHS) from 2003-2012, after which he became an assistant principal at DeAnza Academy of Technology & the Arts (DATA). He also coached the Buena High School girls water polo team for many years, where he began every practice with an inspirational quote to get the girls motivated and ready to work. FTHS teacher and close friend, Cameron Crouch, said that he could hardly process what happened when the accident occurred.

“My heart immediately broke over losing a best friend, a brother, my children’s amazing uncle, my son’s godfather. He was a friend of 17 years. We had many adventures and laughs together,” Crouch said. “His impact on the community of

Continued on page 23



Sergeant Sarah Starr and Police Chief Ken Corney are all smiles at her graduation.

## Ventura Police officer graduates Supervisory Leadership Institute

The Ventura Police Department is proud to announce that Sergeant Sarah Starr graduated from the Sherman Block

Supervisory Leadership Institute on August 23, 2019. She is the first female

Continued on page 7

## “A Country Fair with Ocean Air” brings thousands to their happy place

The Ventura County Fair closed after another successful Fair. Celebrating the best of the best from throughout Ventura County, the 144th year closed with success. Visitors came from near and far to enjoy the 12-day Fair, July 31 through August 11.

The Ventura County Fair’s mission is to preserve, promote, and showcase agriculture and the traditions of Ventura County. This was accomplished with competitive livestock and horse shows, agricultural exhibits, baking contests, produce tastings, agricultural demonstrations and much more.

Continued on page 7

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# Business



*Delta Restoration Services of Ventura & Santa Barbara offers a 24/7 two hours rapid response for your immediate water, fire, sudden freeze or wind caused damages. Recently they held a Ventura Chamber ribbon cutting at their new location. 4532 Telephone Rd., Suite #104, Ventura, (805) 209-0204. Photo by Michael Gordon.*



*Missy's Cupcake Creations wrapped up its move to Ventura with an official ribbon-cutting. Located at 2950 Johnson Drive, Suite 119. The cupcake case features more than a dozen flavors daily, sold in miniature and regular sizes (\$1.65 and \$3). Gluten-free options are available. Hours are from 6 a.m. to 6 p.m. daily 805-382-4852. Photo by Michael Gordon.*



*On August 22, a Ventura Chamber ribbon cutting was held for AT&T at 4732 Telephone Road. Photo by Michael Gordon.*

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# News & Notes



A book giveaway was also available.

## Ventura County Mobile Library visited the Farmers’ Market

The Midtown Ventura Certified Farmers’ Market welcomed the Ventura County Mobile Library on Wednesday, August 28 from 9 a.m. to 11 a.m. at the Pacific View Mall. The mobile library will be offering many of the main services offered at a small branch library.

The Ventura County Mobile Library was completely funded through grants and donated funds with a generous donation from the Ventura County Library Foundation, which included significant donations from Premier America Credit Union and the Port of Hueneme. In addition, the Ventura County Mobile Library project was also funded through a Library Services and Technology Act (LSTA) grant from the Institute of Museum and Library Services and awarded through

the California State Library.

The Ventura County Certified Farmers’ Market Association a non-profit farmers’ market cooperative, serves the community of Ventura with two Certified Farmers’ Markets on Wednesdays at the Pacific View Mall from 9 a.m. to 1 p.m., Saturdays in Downtown Ventura from 8:30 a.m. to 12 noon, Thousand Oaks Farmers’ Market held Thursdays at The Oaks Shopping Center, East End Parking Lot, Wilbur Road & Oaks Mall Drive from 12 noon to 5 p.m. and in Santa Clarita at the College of the Canyons from 8:30 to 12 noon.

For more information on the Ventura County Certified Farmers’ Market Association, call 805-529-6266, or visit the website at [www.vccfarmersmarkets.com](http://www.vccfarmersmarkets.com).

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## Felony arrests

On August 28, at 7:54pm, the Ventura Police Department Command Center received a 911 call of a possible vehicle burglary in progress. The caller reported seeing the suspects, later identified Daniel Cruz and Natalie Reyes, attempting to gain entry into a truck that was parked on the corner of Santa Clara St. and S. Palm St. When officers arrived on scene, Cruz and Reyes attempted to flee on foot. Reyes was caught and immediately taken into custody, but Cruz lead officers on a foot pursuit through several blocks of the Downtown area. He was ultimately caught on Oak St. and taken into custody without incident.

During the investigation, officers learned that Cruz had a felony

warrant for being a post release offender on stolen vehicle charges. He was also arrested for resisting arrest, possession of a controlled substance and possession of drug paraphernalia. Officers also found that Cruz was in possession of possible stolen identification cards and were attempting to identify victims of identity theft. Reyes was arrested for a felony warrant on charges of a stolen vehicle, resisting arrest and giving a false name to a police officer.

A review of the Ventura County Superior Court website shows that Cruz has prior convictions for possession of a stolen vehicle, resisting arrest, possession of a controlled substance and paraphernalia. The website showed that Reyes has prior convictions for stolen vehicle, hit and run, and resisting arrest.



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# VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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Washington

## Opinion/Editorial



Sheldon (Governor) Brown  
Publisher-Editor

■ Hundreds of people were shocked recently when they went to pick up their mail from their PO Boxes at **Coffee Dock & Post** in the Harbor only to find

it closed and gone. The business closed overnight, with no warning (or access to the boxes). The USPS was cooperative and delivered the mail to Coastal Postal for a few weeks. The mail is being held at the main post office until September 1. Go speak to Bill P. at the counter and he will give you two boxes full of mail to sift through. After September 1, all mail will be returned to the senders.

■ Rather ironic that **Steve Bennett**, Ventura County Supervisor, is suing the city of Ventura over its refusal to release records related to how the City responded to the fire and water shortage during the Thomas Fire. Steve started out his political career as a Ventura City Council member. He filed the lawsuit as a private citizen.

He is not the only one that has been frustrated with the lack of information released by the City about the fire, especially why water became unavailable. We haven't had any luck obtaining information as well.

■ Federal scientists announced that July 2019 was the **Earth's hottest month** on record (I know it snowed in places). The global temperature for July was 62.13 degrees, which was 1.71 degrees higher than the average for the 20th century. It beat the previous record warm month, which was July 2016. Records date back to 1880.

July's heat comes on the heels of what was the hottest June on record. Some might call this global warming, but not me of course.

Scientists are warning that a major heatwave in **Greenland** could lead to significant melted glacier ice this summer - 440 billion tons, to be exact. Maybe we shouldn't buy Greenland yet until we see if there is

still room to build the Trump Tower Hotel there.

Of course, living in Ventura we know that this is all nonsense. **Global warming?** Where is it? Marine layers have been blocking our sun. Experts tell us when it is hot inland, we get overcast skies.

The marine layer develops offshore, where low clouds develop when air sinks over the cold ocean water. A contrast in temperature (between hot inland air and cool ocean air tends to draw the marine layer on to land).

■ President **Donald Trump** has criticized **Jewish Americans** who vote for Democrats, saying, "It shows either a total lack of knowledge or great disloyalty." Oh great, now I am disloyal and have no knowledge. On top of this, like the Devil, I'm left-handed. Three-strikes and maybe I'm out.

Next, he might send me back to where I came from, Detroit (No, not Israel never been there). The remark led critics to argue the President was dabbling in the anti-Semitic nonsense of "dual loyalty," which questions the loyalty of American Jewish citizens. Halie Soifer, executive director of the Jewish Democratic Council of America, called the comments "yet another example of Donald Trump continuing to weaponize and politicize anti-Semitism."

J Street, a liberal advocacy group focused on a resolution between Israel and the Palestinian territories, said, "It is dangerous and shameful for President Trump to attack the large majority of the American Jewish community as unintelligent and 'disloyal.'"

■ Less than two weeks before his scheduled trip to **Denmark**, Trump announced on Twitter that he has postponed his visit to Copenhagen after the Danish Prime Minister disputed his interest in buying Greenland as "absurd." Former premier Lars Lokke Rasmussen stated, "It must be an April Fool's

Day joke." No joke I'm afraid. I wish that it was.

Obviously, I'm back commenting on Trump. Can't wait to receive emails from Trump supporters.

■ CVS pharmacy had a special sale - buy a specific brand of 12 rolls of **paper towels** at a discount. I looked and looked and only found one that was labeled 8=12. I took it to the counter and said, "I only count 8 rolls." Was told that they were big so equaled 12 rolls. I handed the clerk a \$20 bill and told him "This is really \$40," but he wouldn't accept it.

■ A team from New York University Langone School of Medicine may have explained why people who have suffered cardiac arrest and seemed to have crossed over and "**come back**" to life.

Study author Dr Sam Parnia stated, "They'll describe watching doctors and nurses working and they'll describe having awareness of full conversations, of visual things that were going on, that would otherwise not be known to them."

He said these recollections were then verified by medical and nursing staff who reported their patients, who were technically dead, could remember details of what they were saying.

People often claim that this is evidence of an afterlife or the separation of the body and the soul.

But scientists have increasingly attributed these out of body experiences to physiological processes and it is believed they are as a result of unusual brain activity caused by reduced blood flow to the brain. Death of brain cells can take hours even though patients are declared dead.

■ The U.S. Citizenship and Immigration Services will now consider public assistance, education, household income and health to determine whether to grant legal citizen status. Using this criterion many, many existing legal citizens would have their **citizenships** revoked.

## Mailbox

Breeze:

Eight new people found us (Ventura Parkinson's Disease Support Group) because of you and that beautiful spot you had us on page 11 in the July-Aug edition of the fabulous Ventura Breeze, and we had over 60 attend!! You knocked it out of the park for us - thank you so much again! Patty Jenkins

Mayor:

You claim to be looking out for all of Ventura. However, you do not care for the seniors in your area. As a senior in a 55 and older park, I see us getting the shaft on a daily basis from park owners. Do you know some?

You claimed to want to help during your election for mayor-now you are there, you do not want anything to do with us. City Council and rent review board turn us down at every corner.

There seems to be a bias against seniors. We vote and pay taxes like most everyone else. Can you say you care about seniors? It is very obvious you do not care for the elderly. Now you want a promotion to Supervisor?

Ralph Trigo, Ventura

Ralph:

As usual we try to receive a response from

the city regarding letters. This is from the Mayor.

Mr. Trigo,

I am sorry you feel like I don't care about you and Ventura's seniors. I think it's important you know about all of the important steps myself and my colleagues on the Ventura City Council have taken to support seniors.

I personally have spent more than 30 hours meeting with leaders from the various park resident councils, and based on the feedback I received, my city council colleagues and I voted to strengthen our rent control ordinance by adding new disclosures that require Park owners to better inform potential tenants about their rent control rights.

We have also strengthened our rent control oversight board, which now has more frequent meetings than ever before. And lastly, we just invested over \$225,000 to develop a senior strategic plan, which the city council hopes to utilize in order to provide the best possible resources to our City's seniors. To me, it is imperative we support our city's seniors.

Mayor Matt LaVere

Hi Sheldon,

Wonder if anyone else has noticed the following situation? Perhaps you

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# Community Events

## Ventura events

by Ana Baker

**Free Adult Grief & Bereavement Support Groups Every Wednesday, from 6:30 – 8 p.m.** Free for anyone who has lost someone within the last 2 years. Receive emotional and educational support. Free Joint Replacement Classes 2nd Monday of the Month (September 9), held from 4– 5 p.m. Free informational class that teaches you what to expect pre and post-surgery. Living with Type 2 and Pre-Diabetes Classes 1st Tuesday of the Month (September 3), from 1:00 – 2:30pm. Free informational class that teaches you how to manage your life with diabetes. Held at Livingston Memorial Visiting Nurse Association & Hospice, 1996 Eastman Ave., Ste. 109. Call (805) 642-0239 for more information.

**The Compassionate Friends of West Ventura County is a support group for those who have experienced the loss of a child.** Parents, grandparents, and siblings (over age 14) are all welcome. The first and third Wednesday of each month at 7:00 at the Poinsettia Pavilion, Canada Larga room, 3451 Foothill Road. For more information, contact Laura Lindsay at (805) 836-9100.

**Ventura Poinsettia Dance Club Monday nights 7:30 - 9:45 p.m. Poinsettia Pavilion.** Ballroom, swing, Latin and line dancing. \$10 members, \$12 non-members. Free dance lessons 6:45 - 7:15p.m. Call Rick (805) 415-8842 for more information.

**There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 - 5:45 p.m.** Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

**Ventura’s ACBL Duplicate Bridge Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun.** There is a game every day of the week. Check out their website at [www.vcbridge.org](http://www.vcbridge.org)

**Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night.** Located at the Moose lodge, 10269 Telephone Road. More information at [countrylovers.com](http://countrylovers.com).

**Cross Town Hikers on Wednesday nights for a moderate-paced hike from the cross, a walk out to the end of the pier, and a stroll along the Promenade back to the Museum.** Four miles with an 800’ elevation gain. Meet at 7 p.m. sharp at the fountain across the street from the Mission. Join Facebook page for more information: <https://www.facebook.com/groups/800215670039426/>

**The members of the Ventura Investment Group meet on Mondays for an informal discussion of recent economic events.** Topics cover current events that affect stocks, funds, real estate, and interest-bearing investments. The meeting is from 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main Street. Visitors and potential members are welcomed. There are no dues or requirements to participate, and all levels of experience are welcomed.

**Musicians’ Sober Support Meetup @ FIND (A Friend in Deed) every Monday night 7 - 9 p.m. Bring acoustic instrument(s) for jamming after sharing support for sobriety.**

Bell Arts-Studio 39-432 Ventura Ave. For further information A.Friend.In.Deed. [Ventura@gmail.com](mailto:Ventura@gmail.com).

**The Ventura County Philatelic Society meet on the first and third Mondays each month at 7:30 p.m. at the Church of the Foothills, 6279 Foothill Rd.** Admission and parking are free. Contact: Bill Garner (805) 320-1601 or [sockonthenose@gmail.com](mailto:sockonthenose@gmail.com)

**Co-Dependents Anonymous (CoDa) is a 12-step fellowship of men and women whose common purpose is recovery from codependence in the development and maintenance of healthy relationships.** Every Friday at 6 p.m. at the Unitarian Universalist Church, 5654 Ralston (enter through side door off parking lot). Information Deva 805-814-5650 or Maryann

**The Ventura Rotary Club, Ventura Downtown Lions Club and the Salvation Army of Ventura have partnered to bring the community a free Eye Clinic.** The goal and vision are to provide free eyeglasses for those in need. Patients are seen each Tuesday from 9 – 11 a.m., walk-ins only first come first served. The Eye Clinic is located inside the Salvation Army Hope Center. 155 S Oak St.

**Ventura County Cribbage Association Grass Roots Local Club meets weekly.** Located at Pizzaman Dan’s 444 E. Santa Clara on Wednesdays at 5 p.m. More information Kerry 805-643-7683

**August 28: “The College Area Community Council will meet on Wednesday, at 7 p.m.** Representatives from Ventura College and the police department will give brief updates and other issues of community interest will be discussed. The Council meets in the Wright Event Center at 57 Day Rd. Free parking is available adjacent to the Event Center. CACC represents citizens in Council District 3, neighborhoods between Dunning/Lemon Grove and Hill Road, north of Hwy. 126. Call (805) 644-8695 for more information.

**August 31: The Ventura Tennis Club, in partnership with the Ventura Recreation and Community Services, are hosting a bi-annual Ventura Tennis Day on Saturday, from 10-4 p.m.** At the Camino Real Park Tennis courts. The day will include clinics for adults and kids from 10- 12 p.m. with the City staff pro. After a break for refreshments, raffle, games and announcements there will be organized doubles play in the afternoon. The Ventura Tennis Club is a non-profit community-based club bringing tennis enthusiasts of all ages and abilities together for social and competitive play. For more Information: <http://www.venturatennisclub.com> and look for us on Facebook.

**August 31: The Ventura County Dart Association (VCDA), who runs a very active dart league throughout the county, is having a Dart Clinic/Social to give instruction to anybody interested in learning how to play darts or improving on their technique.** The event starts at 2pm and will be held at The Bench Warmer 1855 E. Main St. There will be league member on hand to teach games, give instruction, and talk about ways of entering the league and league events. Any dart shooter, or perspective dart shooter, is encouraged to attend. 21 and over only for this event. There will be a raffle for dart supplies, with proceeds to benefit the Association, and a ‘just for fun’ tournament after the event. For more information [vcda.org](http://vcda.org) or Facebook #805Darts. There is also a

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regular Thursday night league that just started the Fall season.

**Ventura Audubon Society September Events**

Sept: 8, 8:30 a.m. Emma Wood State Beach Leader: Adele Fergusson 805 415-4304. We will meet at the entrance to Emma Wood State Beach birding that area and then across the sand dunes to the Ventura River Estuary. The estuary is always an exciting place to bird, and target birds will include Snowy, Black-bellied and Semipalmated Plovers, Willet, Whimbrel, Black Turnstone, Red-necked Phalarope and Forster’s Tern.

**Sept: 10, 7:30 p.m. VAS Monthly Program: VenturaWaterPure - a Ventura City project in potable water reuse including the potential impact on the Water Treatment Plant Wildlife Ponds.** Lauren Bueling will be presenting at the Poinsettia Pavilion - 3451 Foothill Road, Ventura (Free to the Public)

**Sept. 1: Old-Time Country Bluegrass Gospel Music Assoc. Sunday from 2-4 p.m. at the Poinsettia Pavilion, 3451 Foothill Rd.** Music on stage. Jamming Room Open. Free Admission. Free parking. Open to Public. For more information call 805-517-1131 or visit Facebook: OTCBGMA

**Sept 1: The 1892 Dudley Historic House Museum will be open for docent-led tours from 1 - 4 p.m.** Admission is free. The museum is located at the corner of Loma Vista and Ashwood streets 197 N. Ashwood. For information please call (805) 642-3345 or visit the website at [www.dudleyhouse.org](http://www.dudleyhouse.org).

**Sept. 3: Mended Hearts of Ventura will meet at 11:45 a.m. at The Courtyard by Marriott Hotels, 600 E Esplanade Drive, Oxnard.** The speaker will be Alan Laird, MD about

Stem Cell therapy. For Details, call 805-218-8810

**Sept. 3: The Ventura Retired Men’s Group meets at noon on the first and third Tuesdays each month in the Santa Paula room of the Poinsettia Pavilion, for lunch, activities, and a program speaker on a topic of interest.** Drop in by 11:30 a.m., and they will buy you lunch. Bob Likins at 805-587-1233

**Sept. 4: BCNN is a women’s social club open to ladies who reside in Ventura, Oxnard and Pt Hueneme.** We have 40 activities to share common interests. Learn more at <http://www.bcnnwomensclub.org/>. Our monthly Coffee-Speaker meetings are held on the 1st Wednesday of each month Knights of Columbus Hall, 36 Figueroa St. Guests are welcome a couple times before becoming a member; dues are \$30/year. Speaker JoAnna LaForce, pharmacist and health naturalist, will cover “Everything You Want to Know about Cannabis but Don’t Know Who to talk to.”

**Sept. 7: On the “First Saturday” of each month the Sespe Flyfishers of Ventura conduct an introductory class on Fly Fishing and Casting the Fly Rod.** There is no charge, and all are welcome. Whether you an experienced fly fisher or a complete novice we want to help you learn and enjoy this great sport. If you don’t have a fly rod, don’t worry, just come and use one of ours. Chumash Park, Petit and Waco, 9-11a.m., in East Ventura Bob Smith (805) 647-3522 [www.sespeflyfishers.org](http://www.sespeflyfishers.org)

**Sept. 8: Ventura First United Methodist Church and College United Methodist Church are pleased to welcome the Reverends Matt and Erin McPhee as co-pastors**

*Continued on page 6*

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#### Ventura events

*Continued from page 5*

#### appointed to serve both churches.

One opportunity to meet the new pastors is on Sunday, from 9- 12p.m. at Ventura First UMC's Fall Kick-Off. The festivities will begin with worship services at 9 a.m. Activities for children will begin during Sunday School at 9:30 am, and will continue at 10:30 a.m. At 11 a.m., hamburgers, hot dogs, dessert, table service, and beverages will be provided; if possible, attendees are encouraged to bring a side to share. 1338 E Santa Clara Street with worship on Sundays at 9 a.m. and 9:45 a.m. 4300 Telegraph Rd., with worship on Sundays at 10:30 a.m. For more information 805-643-8621 or [office@venturafumc.org](mailto:office@venturafumc.org).

**Sept. 10: Out in the County! A Ventura Sierra Club Educational Series 5:30 p.m. at EP Foster Library Topping Room, 651 E. Main St.** The Beauty and Benefits of the Santa Clara River. Featuring Jim Danza, AICP Chair, Friends of the Santa Clara River Oxnard College Assistant Professor of Geography and Environmental Science. Subject is, "Will you ever be able to hike and bike along the Santa Clara River?"

**Sept. 14: Suicide is the 10th leading cause of death in the United States, yet suicide can be prevented.** Volunteers from all over Ventura County CA are joining the quarter of a million people who are walking in towns across the United States to draw attention to the fight for suicide prevention. The annual Ventura County Out of the Darkness Community Walk, hosted by the Los Angeles/Central Coast Chapter will be held at 9 a.m. Saturday, at Constitution Park in Camarillo. This walk supports the American Foundation for Suicide Prevention's education and

support programs and its bold goal to reduce the annual U.S. rate of suicide 20 percent by the year 2025.

**Sept. 21: For Bookkeepers and Business Owners. The Bookkeepers Association of Ventura County will present a seminar from 9-3:30 p.m. on Saturday, at the Ventura Adult Education Center, 5200 Valentine Road.** The seminar "From Employment to Retirement" will feature Kathleen Fellows of Light Gabler Law Firm; Michael Colitti, Human Resource Specialist and Michael Mansfield, Certified Financial Planner at The Lynd Group. Cost \$70 for members; \$85 for non-members (additional \$10 at the door). A continental breakfast and lunch will be provided. Visit <http://www.bavc-online.org>, to sign up or call Donna Gordon at 805-218-1425 for more information.

## Ojai news and events

**Author Kenneth R. Strange Jr. will visit the Ojai Library at 1 p.m. on Saturday, September 7, 2019, to present a talk centered around his book, It's Your Camino: One Couple's 500-mile Pilgrimage Across Spain.** This talk will include a slide presentation, readings from the book, and a Q&A session.

Ken is also a private investigator and works as an overseas consultant for NGOs and non-profit organizations. He and his wife, Aurora, have climbed the highest mountain in the contiguous United States, Mount Whitney, and Ken has also summited the fourth-highest peak in Mexico, Nevado de Toluca.

Psychology Lecturer Dr. Francisco Magdaleno will visit the Ojai Library at 1

## Community Events

p.m. on Saturday, September 14, 2019, to deliver a presentation titled "The Importance of Health & Wellness During Pregnancy."

Time in our mother's womb plays a crucial role in our development, and many things are shaped before we are even born. In this talk, Dr. Magdaleno will describe egg development in birds and what the study of bird eggs can teach us about human development.

**The Ojai Library's Fiber Arts & Knitting Club is changing its weekly meeting time to Sundays from 3:30 to 4:30 p.m., with the new schedule beginning on Sunday, September 8, 2019.** The group will continue its current Monday evening schedule through the end of August.

The Ojai Library Fiber Arts & Knitting Club is a weekly drop-in group for adults interested in knitting, crochet, and other fiber crafts. Participants are encouraged to bring their current project with them. The group practices knitting, crochet, spinning, weaving, and more.

The Ojai Library is located at 111 East Ojai Avenue in Ojai, CA. Hours of service are 10 a.m. to 8 p.m. Monday through Thursday and 12 p.m. to 5 p.m. Friday through Sunday.

**On Saturday, September 7th, 2019, the community is invited to an evening with Dennis Quaid and The Sharks to raise funds for Make-A-Wish® Tri-Counties.** Rock the Wish will take place at the beautiful Topa Mountain Winery at 821 W. Ojai Avenue and begins at 5pm. The event opens with local group Girls with Guitars featuring Cindy Kalmenson, Patricia Avis and

Natalie Gelman followed by headliner, Dennis Quaid and The Sharks at 6:30pm. There will be an outdoor screening of The Rookie at 8pm. This event is 21 and over will include local food trucks and wine by the glass specials.

Tickets range from \$40 - \$60 with all ticket proceeds benefiting Make-A-Wish® Tri-Counties and can be found at <https://rockthewishojai.eventbrite.com>.

For more information regarding Make-A-Wish® Tri-Counties, please contact Pattie Mullins at 805-676-9474.

**The Ojai Art Center Literary Branch announces its "80 Words for 80 Years Short Story Contest" to celebrate the Art Center's 80th Anniversary.** Submissions are accepted August 15 - September 15. All ages are encouraged to participate as there are two age categories, 17 and younger and 18 and older.

A panel of judges will select the winners in each category. Winners will be announced at an Art Center reception on October 14 at 7 p.m. First, second, and third place winners in each category will receive a cash prize and will be asked to read their entries at the reception. Seven honorable mention writers will be chosen in each category, who will also have the honor of sharing their stories at the reception.

The Literary Branch seeks submissions with the following guidelines: Each story must contain exactly 80 words—no more, no less. The submission fee is \$10 per entry. All entries must in either .doc or .docx format and entries must be made through the website at <https://bit.ly/2YSqc38>.

## News & Notes



*The new members are Stephen Kipp and Nuris Dante.*

## Ventura College Foundation adds two board members

The Ventura College Foundation Board of Directors approved two new board members at its June 26 meeting. The new members are Stephen Kipp and Nuris Dante.

Kipp, president and CEO of Kipp Financial Group before retiring last year, previously served on the foundation board. His firm was the prior investment management advisor for the Ventura College Foundation's scholarship endowment funds before joining the board.

Kipp also was an adjunct professor at Ventura College for 10 years, teaching night classes in financial education. "Teaching gave me an appreciation of students who are motivated to excel in school to further their careers and succeed at life. Many

students must balance school, work and family so it's a constant struggle," said Kipp. "I'm once again honored to serve on the foundation board and help these committed students pursue their college and life goals."

Dante is principal/owner of SC Lending Group based in Oxnard. "Many kids are on the fence about whether to go to college. As a board member, I want to show them how education can make a difference in their lives," says Dante. "Getting a solid education was very important to me. I started in a community college before transferring to UCLA and then to USC's MBA program. Community colleges provide a doable path to a four-year university. The Ventura College Foundation

*Continued on page 15*





## News & Notes



"I'm a radio star."

## CAPS Media Center internship opportunities

Meet Alexander Blomquist, the newest enthusiastic student intern at the CAPS Media Center. 12 year old Alexander is helping out CAPS Media staff and local DJs in the radio station while learning the ins and outs of media production. Alexander is mastering the studio while producing his own series Cultural Capture. He has produced several episodes about Italian culture including growing up in Italy and all about Italian food.

For the new school year, CAPS Radio is partnering with Ventura College to develop a CAPS Radio-Podcasting Internship program for college students. The KPPQ-LP internship program provides the opportunity for students to learn the inner workings of a community radio station and the "how to's" of radio show-podcast creation. The program offers real world skills and experience that can support careers in journalism, business communication, research and more.

Limited to six students, the CAPS Media/Ventura College Radio internship program is offered for a minimum of five hours per week for twelve weeks with up to 2 credits earned. Classes will take place at the CAPS Media Center which is located at 65 Day Road on the east side of Ventura College, directly across the street from Foothill High School. Hands-on learning will take place in the CAPS Radio KPPQ studio and in the field. The students' radio podcasts will be broadcast on KPPQ, 104.1fm, streamed on MyTuner, and streamed on capsmedia.org/radio. For more information contact Elizabeth Rodeno at radio@capsmedia.org.

Recently the entire community mourned the passing of Neal Andrews, one of the most respected leaders in Ventura. As part of Neal's years of dedicated service, he was the host of a series of interview programs recorded at the CAPS Media Center and aired on channel 6 titled, "Conversations with Neal Andrews." Over the years Neal shared his insight, sense of humor and tremendous intelligence while interviewing hundreds of fascinating individuals, community and business leaders, artists, and advocates for countless worthy endeavors in Ventura County. Everyone at the CAPS Media Center, all of the viewers who watched the program, and the community itself owe a debt of gratitude to Neal for enriching our lives.

Nearly every week CAPS crews record, broadcast and stream Ventura City council meetings and other select

city community meetings on Channel 15 and on capsmedia.org/live-streams. The CAPS Media team also covers local community council meetings throughout the City and replays the meetings on CAPS Media Channel 6 while streaming them on capsmedia.org. Go to the schedule tab on the CAPSMedia.org website for dates and times.

CAPSMedia is Ventura's Community Access resource. Our mission is to create an engaged and informed community through participation in electronic media. Everyone in the community is invited and encouraged to visit the CAPS Media Center to tour the video studio, radio station and more and see the opportunities that are offered to members. Go to capsmedia.org/events, sign up for the next orientation class on the first Thursday of the month and discover how easy it is to become a member/producer at CAPS where you can receive hands-on instruction in videography and editing, radio production and more. Go to capsmedia.org, or you can call 805-658-0500 to get complete information.

### "A Country Fair with Ocean Air"

*Continued from page 1*

Fairgoers were greeted with many outstanding attractions, including The All Alaskan Racing Pigs who made audiences squeal with delight, Slim & Curly, the wise cracking cowboys who make people laugh everywhere they go, and Star Child Stilt Circus, who amused children of all ages as they strolled merrily, high above the crowds. Exciting new carnival rides, including the Insomniac and the thrilling Hyperloop joined the lineup of Carnival Midway favorites such as the Wave Swinger and the Giant Ferris Wheel. New food offerings included Deep Fried Philly Cheese Steaks and Dinosaur Nachos that fulfilled the curiosity for new summer treats while the mini donuts and turkey legs satisfied the traditional cravings of many Fairgoers.

Attendance for 2019 remained strong at 302,783, up 1.26%. "We do everything we can to bring the people of Ventura County a better experience every year," said CEO Barbara Quaid, sharing the Fair's winning strategy, "For us the focus is not about the numbers of people coming through the gates, but about the quality of the experience our guests have at the Fair. We measure our success by the number of smiles are on the faces of the people at the Fair. We are committed to offering a clean, safe and fun experience that people will remember forever." To that end the Fair conducted a

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Attendance for 2019 Fair was up from last year.

survey of visitors at the fair and continues to solicit and address public sentiment.

Nearly 16,000 County residents entered art, crafts, projects and other curiosities in the competitive exhibits, winning prize ribbons and sharing their inspiring talents with Fair visitors.

Free entertainment was one of the offerings that drew thousands to the Fair. Not only the top name Concerts including Styx, Melissa Etheridge and Brothers Osborne, but also local bands were a huge fan favorites. Revelers came out to enjoy and lend their support for Ventura County entertainers including KNS Rockstar, Juano and Friends, The Rockin' Henrys, Twisted Gypsy, Doc Rogers Band, and many others.

As is the case every year, overall success would not be possible without the tremendous support of volunteers, sponsors and the community. While the gates have closed on the 2019 Ventura County Fair, planning is already underway for the 2020 Fair.

The Ventura County Fair is the County's original Social Network where thousands of neighbors and friends have gathered every year for generations. The Fair employs up to 700 seasonal staff during the annual 12-day event. With annual attendance of approximately 300,000 visitors to the Fair, the communities throughout Ventura County share in the economic vitality derived from the Ventura County Fair. The Fair brings economic, social, educational, and cultural resources and provides lasting impressions on Fairgoers.

The Ventura County Fairgrounds consists of a 62.5-acre parcel and operates as a multi-purpose, multi-functional, year-round facility accommodating a variety of events. Regarded as a premier rental facility, the Ventura County Fairgrounds and Event Center attracts some of the most popular shows and attractions in the county throughout the year, including livestock shows, dog shows, horse shows, home and recreation shows, concerts, dances, business expos, quinceañeras,

weddings and receptions, motorcycle and automobile shows, camping groups, swap meets and much more.

### Ventura Police officer graduates

*Continued from page 1*

Ventura Police Officer to graduate from the 8-month leadership program. This intensive program, designed by the Commission on Peace Officer Standards and Training, trains supervisors on the importance of leadership, ethics, decision making and management.

Sergeant Starr has been a police officer for 15 years. She began her career in 2003. She was promoted to Corporal in 2007 and to Sergeant in 2014. She has her master's degree in Public Administration. She has served as a Patrol Officer, Major Crimes Detective and Field Training Officer. She has also served as a trainer for Scenario Based and Tactical Decision Making Under Stress, as a member of the Peer Support and Trauma Support Team, as a member of the Rifle Team and was the Assistant Team Leader on the Crisis Negotiations Team. She was recently assigned to the Professional Standards Unit where she will oversee training and hiring. In her new role she will be responsible for helping the City of Ventura select the most qualified people to serve the community.

"There aren't very many jobs out there that let you do something different every day and challenge you both mentally and physically. Our department is a great place to work especially because of the great group of people I serve alongside. I feel very lucky to have found my career path here at the Ventura Police Department. I can't imagine doing any other job," said Sergeant Starr.

The Ventura Police Department is committed to providing the community with the best trained police professionals to serve and protect Ventura.





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Keynote State Treasurer Fiona Ma at donor fundraising event.

## Kicking off the summer

Housing Trust Fund Ventura County (HTF Ventura County) hosted its eighth annual educational and donor recognition fundraising event at the picturesque Maravilla Gardens in Camarillo. The \$100,000 raised during the event will grow to \$200,000 thanks to a 1:1 fund matching program provided by California State Proposition 1. HTF Ventura County is now halfway to its year-end goal of raising \$5 million in support of developing affordable housing for Ventura County. During the evening celebration, Housing Trust Fund Ventura County also debuted its fresh new logo and color palette.

Keynote State Treasurer Fiona Ma addressed a crowd of over 200 housing advocates, business, and community leaders speaking to this year's topic, Your Business Depends on Housing: We're all in this together. "My vision

for the State Treasurer's Office is a proactive, solution-oriented agency that understands the dire importance of creating partnerships with the private sector," said Treasurer Ma, who noted that she has conducted two statewide housing listening tours seeking to revamp regulations under her purview and to "ensure we help increase the production of homes in California." Inadequate, unaffordable, and a general lack of housing for Ventura County employees, especially those in the middle- and lower-income level, is a leading factor hindering business expansion and economic growth in our community.

With increased community and business donations, HTF Ventura County can exponentially grow its revolving loan fund by leveraging State Proposition 1, the Housing Programs and Veterans' Loans Bond, which provides a 1:1 fund matching program, up to \$10 million. "Our goal is to hit \$5 million by December 31st and then raise the additional \$5 million in 2020," commented Linda Braunschweiger, CEO of Housing Trust Fund Ventura County. "We were thrilled to raise \$200,000 between donations and Prop 1's matching fund at this event. Paired with previous donations and funding, we are now halfway to our 2019 goal."

A highlight of the evening was the unveiling of HTF Ventura County's new logo. "We went through a well-crafted decision-making process to arrive at this logo," stated Housing Trust Fund Ventura County Board Chair, Jennie Buckingham.

Launched as a 501c3 nonprofit corporation in 2012, Ventura County Housing Trust Fund became Housing

## News & Notes

Trust Fund Ventura County (HTF Ventura County) in July 2019. HTF Ventura County is the local trusted leader in helping to increase affordable housing options throughout Ventura County by leveraging public-private partnerships to provide low-cost, flexible loans early in the housing development cycle. As of July 2019, HTF Ventura County has invested

\$4.7 million through its revolving loan fund, creating 143 affordable apartments and homes for very-low, low- and middle- income employees, transitional age foster youth, veterans, farm workers, and the homeless.



Pattie Braga comes to VCLA from the Ventura County Credit Union.

## Ventura County Leadership Academy introduces new director

The Ventura County Leadership Academy (VCLA) is pleased to announce the hiring of Pattie Braga as the new Program Director. Since separating from United Way in 2015 and becoming its own non-profit, the program has been led by its board of directors, most of whom are also alumni of the program. "VCLA has seen a tremendous growth in the last few years and the board's strategic plan put us into position to be ready for program leadership", says Melissa Baffa, board president. "Pattie brings a depth of knowledge and passion to this position that is unmistakable. I look forward to seeing how VCLA progresses under her guidance."

Pattie Braga, a graduate of Cohort XVII, comes from the Ventura County Credit Union where she spent over 14 years in the community. She also serves on the board of the Ventura Family YMCA and is a proud Rotarian. "I'm excited to be the new Director of Ventura County Leadership Academy (VCLA) and to move our mission forward of 'connecting people and issues to strengthen our county'," says Braga. "VCLA's purpose has been in my heart for over 10 years when my friend, mentor, and VCLA's founder, Dr. Priscilla Partridge de Garcia first introduced me to this organization. Working in partnership VCLA's board of directors, I'm eager to help lead this program to continue the amazing work it has done and advance our impact on Ventura County's future."

## VC Fire Department offering Community Emergency Response Training

by Joe Morelli  
Fire Marshal

As residents, you serve a critical role in emergency response operations whether it is preserving lives, protecting property, or providing other essential services to the community. The Ventura City Fire Department would like to invite you to join their Community Emergency Response Training Program (CERT) beginning Tuesday, October 1, 2019. The training sessions provide an excellent opportunity to meet and work with other city staff and members of the community.

With the use of grant monies, the department was fortunate to hire an experienced outside trainer who makes the classes fun and informative. The topics covered include:

- Disaster/emergency preparedness
- Fire safety and suppression
- Disaster medical (treatment and triage evaluation)
- Light search and rescue
- Organizing/managing a CERT team
- Disaster psychology
- Terrorism and CERT

Training is limited to 60 people and will be held on 6 consecutive Tuesday evenings from 6:00 to 9:00 p.m., and all classes will be held at Police/Fire Headquarters, 1425 Dowell Drive, Ventura. A final exercise will be held on Saturday, November 16, 2019, providing students the opportunity to work in multiple groups on common disaster problems.

Please submit your application online at <https://www.cityofventura.ca.gov/> CERT and contact Kris Edwards at 805-658-4717 or [cert@cityofventura.ca.gov](mailto:cert@cityofventura.ca.gov) with any questions. Hope to see you there!

## Phone Scam Alert: Scammers impersonating Ventura Police Employees

Residents are advised that phone scammers have been targeting residents impersonating Ventura Police Employees. The scammers are using the real names of police employees. The scammers are using a device that makes it appear to the victim that the phone call is coming from the Ventura Police non-emergency number of 805-650-8010. The scammer is telling residents that there is a Federal Grand Jury Subpoena that requires the victim to provide personal information. Please be advised that the Ventura Police Department does not request personal information over the phone and would not solicit this type of information.

The community is urged to be vigilant and aware of these scams so as to



# News & Notes

avoid falling victim. Never follow directions from someone on the phone that requests personal information or money. If you believe you have been the victim of a scam in which you have suffered financial loss, contact the Ventura Police Department at 805-339-4400. If you have not suffered financial loss and you have not provided any personal information by phone please report the call to the Federal Trade Commission at 1-877-FTC-HELP or visit [ftc.gov/complaint](https://www.ftc.gov/complaint).

The community is also advised to be aware of additional phone scams that have impacted residents:

**IRS Scam:** The scammer says money is owed and must be paid immediately by phone.

**Edison/Gas Scam:** The scammer says money is owed and if not paid immediately the service will be turned off.

**Jury Duty Scam:** The scammer says money is owed for not showing up to jury duty and if not paid jail time will occur.

**“Can You Hear Me” Scam:** Scammers are calling victims hoping to get them to say the word “yes” during the conversation that’s being recorded. The scammer will later use the recording of the victim saying yes to authorize unwanted charges on the victim’s utility or credit card account.

**Text Message Phishing Scam:** Scammers are using a new texting scam and spoofing banks’ phone numbers and sending text messages to customers. A spoofed phone number hides the actual number the text is coming from and displays a number from a trusted source, like your bank. The text claims that your debit card has been used to make a

purchase and if you do not recognize the transaction, you need to call their fraud prevention helpline. A phone number is provided for you to call. Because the incoming text looks like it’s from your bank, people are falling for this. If you do call the number provided in the text, the fraudster will answer the phone. They will then ask you to confirm your sensitive banking details. This would allow the scammer to steal money from your account.

**Grandparent Scam:** A scammer poses as a grandchild and claims to be in jail and in need of money for bail. These imposters claim they are in another state or out of the country and need money wired to help bail them out of jail.

## Museum of Ventura County closed but the Museum’s Pavilion remains open

The Museum of Ventura County, at 100 E. Main Street is closed for renovation until September 20, 2019. There will be a re-opening on September 20th with a massive party to launch the latest exhibit, California Cool. The opening reception, California Club, will be an exciting trip back to an era of Mid-century modernism. The era-immersive experience will feature craft cocktails, live

*Continued on page 24*

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Troops leaving for the Spanish-American War, 1898. That’s the Armory Hall in the background, which was next to the Anacapa Hotel on Main Street in Ventura.

# Seaside COOL



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# VENTURA HARBOR VILLAGE





## VACE COE 2019 Reaffirmation Notice

Ventura Adult and Continuing Education at 5200 Valentine Road, Ventura, CA 93003 is applying for reaffirmation of accreditation with the Commission of the Council on Occupational Education. Persons wishing to make comments should write to the Executive Director of the Commission, Council on Occupational Education, 7840 Roswell Road, Bldg. 300, Suite 325, Atlanta, GA 30350. Persons making comments must provide their names and mailing addresses.



Briggs joined the Red Cross as a communications manager for blood services in Southern California.

## Tony Briggs named Chief Executive Officer of Red Cross Central California Region

The American Red Cross of Central California has named Tony Briggs its Chief Executive Officer – a role in which he will oversee all Red Cross service delivery for 10 counties and nearly 4.5 million residents.

A native of Philadelphia, Briggs completed a successful 24-year career in the United States Navy, rising to the rank of Chief Petty Officer. His career highlights include leading 80 Sailors deployed throughout the Western Pacific in support of humanitarian actions. He was an integral member of a team who brought a nuclear-powered aircraft carrier to Los Angeles, showing off the Navy's finest to more than two million individual media impressions over a four-day period.

"I am truly honored to serve this region and have seen first-hand how resilient this community is," Briggs said. "Through the work of our staff and volunteers, the Red Cross has been there for

the community at its most trying times to provide essential comfort and care. We're more focused than ever to help our neighbors become better prepared for disaster and I'm looking forward to leading this team of compassionate humanitarians."

Briggs joined the Red Cross as a communications manager for blood services in Southern California where he was responsible all communications, public affairs and marketing from Santa Barbara to San Diego. In September 2015, he accepted a position as the communications director for the Desert to the Sea Region and served as a national spokesman for the Red Cross at some of its largest disaster responses including Hurricane Harvey in Houston, Hurricane Irma in Florida and the Camp Fire in California.

He earned his degree in Communications from the University of Maryland University College and holds certificates in six sigma quality improvement. He and his wife, Kelly, have been married for nearly 30 years and they are the proud parents of five and enjoy spoiling their four grandchildren.

The Red Cross Central California Region serves Ventura, Santa Barbara, San Luis Obispo, Kern, Tulare, Kings, Fresno, Madera, Mariposa and Merced counties and in the last year provided relief to nearly 900 families affected by disaster.

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit [redcross.org/central-california](http://redcross.org/central-california) or [cruzrojaamericana.org](http://cruzrojaamericana.org), or visit us on Twitter at @RedCrossCCR.

## Jamaal Brown returns to Ventura

Former Ventura Unified School District (VUSD) student-athlete, Jamaal Brown has been hired by VUSD to serve as the Athletic Director of Foothill Technology High School. A former varsity football, basketball, and baseball player, who attended Buena High School and graduated in 1987, returns to Ventura after more than 30 years. Mr.

## News & Notes



Staff of the Ventura Free Press standing in front of their 414 Oak Street office in 1897. Museum of Ventura County Library & Archives collection.

## Early Ventura County's newspaper wars

by Andy Ludlum

Museum of Ventura County Volunteer

Early Ventura County newspapers offered one of the few ways to connect pioneer communities with stories, opinions, and news of the day. The first newspapers in Ventura County were all closely identified with political parties and had unyielding editors who loved to rile up the community and often teetered on the edge of libel. None of them were shy about picking a fight with City Hall or, better yet, with each other. One editor was even beaten by the unhappy subject of one of his harangues.

Since the first Ventura County newspaper was printed in 1871 there have been more than 80 in the county. Most of them were short-lived. One paper put out a single edition. Two or three lasted only weeks. There was a monthly and even one yearly newspaper. Most were only noticed with short obits when they died.

Read more Ventura County History in the Museum of Ventura County Blog at [www.venturamuseum.org/research-library-blog](http://www.venturamuseum.org/research-library-blog).

Brown most recently served as a Special Education Inclusion and Physical Education teacher, as well as the Head Coach for the Carlsbad High School boys basketball team in Carlsbad, New Mexico. He will hit the ground running for VUSD on August 12, 2019.

Mr. Brown grew up on the same street that Foothill Technology High School now sits. He and his friends played in the empty lot behind his house, which is now the site the high school sits on. "We are so excited to have Jamaal return to his hometown of Ventura is this capacity. He is a special person and educator and will be a tremendous leader for our athletic program," stated Foothill Principal, Joe Bova.

In addition to his role as Athletic Director, Mr. Brown will serve as a teacher and will coach the boys basketball team. Mr. Brown attributes his desire to teach and mentor young people to his high school coaches and his mother. His mother also attended Buena High School and was a Special Education teacher at Ventura High School until a tragic accident, at the hands of a drunk driver, took her life in Jamaal's senior year. After graduation, Mr. Brown left Ventura to attend Stanford University and served as Manager for the basketball team under Head Coach, Mike Montgomery. He then obtained his master's degree in Education from Cal Poly San Luis Obispo and moved to New Mexico in 2004, where he met his wife. He worked at Hobbs High School as a teacher and Assistant Coach working under legendary Coach, Russ Gilmore. He served at Hobbs for five years before transitioning to Carlsbad High School in New Mexico where he served as the Head Coach for the boys

basketball program. When Mr. Brown took over the Carlsbad team, they had only won six games in the previous season. However, through hard work and dedication, he was able to develop the team into the State runner-up in 2016. He looks forward to bringing that same commitment to Foothill Technology High School and collaborating with those already in place in the Athletics Department.

"Foothill's academic reputation drew me back to Ventura. I have been given the opportunity to teach and coach, which is very important to me. In addition, my two boys will benefit from the VUSD education system; these are opportunities you just don't pass up. I look forward to joining the Foothill team," stated Mr. Brown.

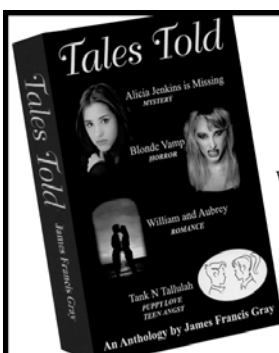
## Volleyball registration

The United States Youth Volleyball League (USYVL) is pleased to announce that registration is open for the 2019 Fall Leagues. These signature programs provide a fun, safe, and supervised environment for boys and girls to learn and play volleyball.

The Ventura USYVL runs from Wednesday, September 11, 2019 – Saturday, November 2, 2019 on Wednesdays: 5:30 - 6:30 PM & Saturdays: 10:00 - 11:00 AM at Arroyo Verde Park in Ventura.

The eight-week Fall Leagues provide instruction to boys and girls ages 7 to 15 that is designed to teach basic volleyball skills in a positive environment.

*Continued on page 15*



## Tales Told

Reminisce the wild teens and travel back in time to the era of black-and-white Saturday cinema, and tales of the awkwardness of growing up. Filled with sweet reminiscences and the funny awkward moments between friends, Tales Told brings you back to when relationships were simpler, and the hilarity of innocence was everywhere.

"Tank N Tallulah," is James Francis Gray's favorite short story and the E-book is available at [amazon.com](http://amazon.com) for only \$2.99. Visit [jamesgray.com](http://jamesgray.com)

A great summer read by James Francis Gray



# Senior Living

*Pull Out Section*



Exercising outside doesn't cost anything.

## Overcoming barriers to exercise: no more excuses

Exercise is good for almost everyone, but there are so many things that can get in the way of staying active. It's time for some positive thinking. No more excuses!

Here are some tips to help you overcome those barriers and improve your health.

### Finding Time to Exercise

Try exercising first thing in the morning. Combine physical activity with a task that's already part of your day, such as walking the dog or doing household chores. If you don't have 30 minutes to be active, look for three 10-minute periods. As you progress, add more 10-minute sessions until you hit your goal!

### Sticking with Your Exercise Plan

Make exercise interesting and enjoyable. Do things you enjoy, but pick

up the pace and try new activities to keep your interest alive. Being creative about your physical activity plans and regularly trying new forms of exercise prevent boredom. If you can stick with it for at least 6 months, it's a good sign that you're on your way to making physical activity a regular habit.

### Exercising without Spending Money

No more excuses: overcome exercise barriers infographic icon. Click through for full text

Read and share this infographic for tips to help you overcome exercises barriers like not having time or being too tired.

Being active doesn't have to cost a thing! All you need for brisk walking is a pair of comfortable, non-skid shoes. For strength training, you can save money

*Continued on page 14*

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## Ventura Parkinson's Disease Support Group to host the Michael J. Fox Foundation

The Ventura Parkinson's Disease Support Group invites our members and care-partners, families, visitors and new friends who find themselves navigating Parkinson's disease to join us on Wednesday, September 11th from 12:30-2:30 PM for a very special presentation. We will be hosting The Michael J. Fox Foundation for Parkinson's Research at Ventura City Hall in Community

Meeting Room #202, located at 501 Poli Street, in Ventura, California.

Associate Director, Advancement, Mary McQuillen of The Michael J. Fox Foundation for Parkinson's Research (MJFF) will present on the following topics: an overview of MJFF's mission and business model; an update on promising Parkinson's disease research; a look at the latest symptomatic treatments on the market and those currently under FDA approval and information on how to get involved with clinical research through Fox Trial Finder and Fox Insight.

The Michael J. Fox Foundation for Parkinson's Research is dedicated to finding a cure for Parkinson's disease through an aggressively funded research agenda and to ensuring the development of improved therapies for those living with Parkinson's today. Since

## Senior Living

inception in 2000, 88 cents of every dollar spent by MJFF has gone straight to grants and initiatives to speed a cure for Parkinson's. To date, the Foundation has funded more than \$900 million in research to bring an end to Parkinson's disease. For more information about the Michael J. Fox Foundation for Parkinson's Research, visit [www.michaeljfox.org](http://www.michaeljfox.org).

Find out how you can be a part of finding the cause and hopefully a cure for Parkinson's Disease! The Ventura Parkinson's Disease Support Group welcomes the public along with those who find themselves navigating the challenges of PD and other neurological conditions. We are an independent and volunteer-organized group not affiliated with any other organization or group. For more information and important detailed directions to our meetings, please call Patty at 805-766-6070.



*"Falling in love is very safe."*

## Forum highlights life-saving techniques for fall prevention

The Ventura County Elderly Fall Prevention Coalition will be hosting a Fall Prevention Forum that will focus on life-saving strategies and offer a variety of other services, including health assessments and immunizations. The event will be held at the South Oxnard Senior Center on September 20 from 10 a.m. – 1 p.m. Registration begins at 9 a.m. This event is free and open to the public.

With a tagline to Be Your Own Hero: Learn to Prevent Falls, this annual event will provide a variety of methods and informational sessions that are designed to arm older adults and caregivers with the tools necessary to prevent falls and increase mobility. Nationally

recognized research shows that one in four adults over the age of 65, and half of the population over the age of 75, fall each year. Of those individuals, half will die within a year from complications and injuries sustained from the fall.

The forum will feature health assessments, free vaccinations, as well as glucose, blood pressure, and vision screenings. Individuals will also have the opportunity to take part in exercise demonstrations for Zumba, Tai Chi: Moving for Better Balance, Stepping On, and A Matter of Balance. Lunch and refreshments will be provided to those in attendance. Spanish translation will also be provided by request.

Dr. Paulo Carvalho will be a featured speaker for the event. Dr. Carvalho serves as Medical Director at the Conejo Family Medical Group, and is part of the Las Posas Family Medical Group and the West Ventura Medical Clinic. Joining Dr. Carvalho will be Dr. Thomas Duncan, Trauma Medical Director for the Ventura County Medical Center.

The South Oxnard Senior Center is located at 200 E. Bard Road in Oxnard. To register for the event, or for more information, please contact the Ventura County Area Agency on Aging's Fall Prevention Program at (805) 477-7300.

## Public charge rule threatens harm

The following is a statement from James Firman, President and CEO of the National Council on Aging (NCOA), in response to the U.S. Department of Homeland Security (DHS) Inadmissibility on Public Charge Grounds rule scheduled to take effect on October 15, 2019.

"The National Council on Aging is extremely concerned about the effects the new DHS regulation will have on vulnerable older immigrants who are in this country legally, on their caregivers, and on the diverse communities where they reside.

### An Impossible Choice Between Well-Being and Status

"Immigrant seniors who have played by the rules will have to make an impossible choice between going hungry and avoiding needed long-term care support or losing their immigration status. This regulation will create a personal and moral hazard for older adults who are looking to age with their



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## Senior Living

families around them. NCOA opposes this harsh and arbitrary rule that is antithetical to the values of a just, caring, and welcoming America.

"We have heard from our community partners that older adult immigrants are already afraid and unwilling to seek participation in public benefits for which they are eligible – and have an intense need for – because they fear repercussions for their family or themselves. Now, we fear a wider range of older adult immigrants will not seek these health care, nutrition, and housing programs that enable them to live independently and with dignity.

### Non-Immigrant Seniors Also Will Be Hurt

"This change also will affect the thousands of older adults and caregivers who rely on home health care. One in four home health aides is an immigrant. We know that overwhelmingly people want to age in their own homes, but the proposed rule could threaten the economic security of these low-income workers who sometimes rely on limited public assistance. This could decimate the support needed for America's aging population to age in place.

### A Callous Vision of America

"This change forces families to make an impossible choice between aging well or aging securely with their loved ones. It imposes a callous vision of America and is in stark juxtaposition to NCOA's vision of a just and caring society where everyone can age with dignity, purpose, and security.

"NCOA is proud to stand with the Protecting Immigrant Families (PIF) campaign on this and other critical issues facing communities of color nationwide."

### About NCOA

The National Council on Aging (NCOA) is a trusted national leader working to ensure that every person can age well. Since 1950, our mission has not changed: Improve the lives of millions of older adults, especially those who are struggling. NCOA empowers people with the best solutions to improve their own health and economic security—and we strengthen government programs that we all depend on as we age. Every year, millions of people use our signature programs BenefitsCheck-Up®, My Medicare Matters®, and the Aging Mastery Program® to age well. By offering online tools and collaborating with a nationwide network of partners, NCOA is working to improve the lives of 40 million older adults by 2030. Learn more at [ncoa.org](http://ncoa.org) and @NCOAging.

## There is another threat to the elderly self-neglect

Imagine entering the home of an elderly loved one and being greeted by a foul-smelling odor that seems to have no identifiable source. The house is in disarray and there are papers, dirty dishes and other debris covering most of the countertops. Your loved one is wearing soiled clothing and appears as if they haven't bathed in days or weeks, but they act as if everything is totally normal. Understandably, you're shocked by this scene. The last time you visited just a few months ago, both their house and their physical appearance were

nearly immaculate.

This is a classic example of elder self-neglect, and scenarios like these are often what initially cause family members to step into the caregiving role. The U.S. Department of Health & Human Services defines elder self-neglect as "behavior of an elderly person that threatens his/her own health or safety and generally manifests itself by failure to provide himself/herself with adequate food, water, clothing, shelter, personal hygiene, medication (when indicated), and safety precautions."

Elder self-neglect is a more prevalent problem than most people recognize. In fact, most research points to self-neglect being the most common form of elder abuse—a confusing statement, since this form of mistreatment doesn't involve others at all. Because self-neglect often occurs inside private homes and among isolated seniors, it is likely that reports do not fully represent the magnitude of this issue.

According to a 2009 study, self-neglect is not only damaging to one's health but also potentially life-threatening. Through the collection and analysis of data from almost 10,000 seniors over several years, it was discovered that elder self-neglect was associated with a significant increase in premature death. This heightened mortality risk was most prominent in the year after self-neglect was reported to and/or confirmed by social services agencies, such as Adult Protective Services (APS).

Self-neglect comes in many forms. Some elders stop taking their medications, others cease cleaning their homes, still others stop bathing and grooming themselves. The above study found that seniors who have limited or nonexistent social networks are more prone to falling into a dangerous pattern of self-neglect. This may also explain why long-distance family members are often blindsided by discoveries like the hypothetical one presented above when they come for infrequent visits.

Self-neglect is increasingly common among seniors who are physically handicapped and/or cognitively impaired because they do not have the ability to properly care for themselves. However, some elders who are fully functional still make poor decisions that result in outcomes that appear to be self-neglect. The challenging aspect in cases like these is that competent older adults can make hazardous lifestyle choices freely and without intervention as long as they are not causing immediate harm to other people.

In fact, countless concerned family members struggle to get self-neglecting elders to accept assistance with personal care, housekeeping, medical care, and financial management. Some even resort to filing reports with social services agencies like APS to get their loved ones help. This can be an effective intervention if APS follows up on the report, conducts an investigation, and confirms that the elder is at risk and requires assistance, but this is not always a guaranteed solution. Typically, elders have the choice to accept or reject the services and supports offered to them.

Even if a self-neglecting senior doesn't "officially" require outside care yet, it is important to keep a close eye on the situation. Illnesses or conditions that follow a progressive pattern, such as Alzheimer's disease and other forms of dementia, Parkinson's disease, depression, or addiction may lead to a gradual loss of ability or interest in self-care. Sadly, as their situation deteriorates, it may take more than one APS report, a major medical setback or some other kind of emergency to instigate a full intervention and get a self-neglecting elder the help they need.



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## New policy proposal could save thousands of lives per year

by Peter J. Pitts

Former FDA Associate Commissioner, is president of the Center for Medicine in the Public Interest

Roughly 125,000 Americans will die this year as a result of not taking their medications. This phenomenon -- known as "medication non-adherence" -- is the cause of 10 percent of all hospitalizations nationwide. It also costs our health care system up to \$289 billion annually.

The reason patients don't stick to

their prescription regimen is simple: They can't afford to. Right now, nearly 25 percent of Americans taking prescription drugs struggle to afford their medications. And due to high out-of-pocket costs, 30 percent of patients had to forgo taking their medication at some point within the last year.

This is a problem -- and one that is easily preventable. Lowering patient out-of-pocket spending on prescription drugs would improve medication adherence, boost patient health outcomes, and generate billions in savings.


Thankfully, there are a number of promising reforms in Washington, DC. Some of those reforms target patient out-of-pocket spending in Medicare's "Part D" prescription drug benefit. This program currently helps more than 40 million seniors and people with disabili-

*Continued on page 14*

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*The pigeons should be here shortly to join us."*

## Spending time with pets provides benefits for older adults

Thousand Oaks senior care experts say seniors who interact with animals feel less depressed and isolated. Social isolation is becoming an increasingly common issue, with one in five Americans reporting they feel lonely. Seniors are especially vulnerable to these feelings. In fact, 43 percent say they experience loneliness regularly. A new survey[1] of adults age 65 and older by Home Instead, Inc. found regular interaction with animals can help to reduce feelings of isolation and loneliness.

"While we recognize that pet ownership isn't for everyone, we find that interaction with pets, even on a small scale, can have a big impact on older adults," said Joe Malagon, senior care expert and owner of the Home Instead Senior Care office in Thousand Oaks. "A

simple act like petting a dog, holding a cat or watching a bird can bring so much joy to a senior who may be feeling lonely."

Additional survey results found that nearly half of older pet owners cited stress relief, sense of purpose and exercise as leading advantages to owning a pet. In addition to providing positive health benefits, pets can also provide constant companionship for older adults who would prefer to age in place. In fact, 82 percent of senior animal owners surveyed said they would not consider moving to a senior living community without their pet.

These findings are not a surprise to Steve Feldman, executive director of the Human Animal Bond Research Institute (HABRI), a nonprofit research and education organization. "There

## Senior Living

is a strong connection between heart health and pet ownership or interaction," Feldman said. "Pet owners are more likely to get recommended levels of exercise, have lower blood pressure and experience reduced levels of stress. Pets have even been shown to aid in recovery after a heart attack."

While there are many benefits to owning a pet later in life, Home Instead also found that even occasional interactions with pets prove to be beneficial for older adults. Survey results indicate that older adults achieve the same positive feelings when spending time with animals in other capacities, such as visiting with pets owned by family, friends or neighbors.

"This interaction is especially important, as it also provides the opportunity to socialize with other people, further reducing feelings of loneliness," Malagon said. "Our goal is to keep seniors safe and happy in their own homes for as long as possible and many times that includes helping them with their own pet, taking them to dog parks or visiting pet-friendly businesses to gain that animal interaction they desire."

"Research also shows animal interaction can help perceptions of pain and discomfort, and improve motivation for treatment protocols for diseases such as cancer by helping individuals feel more focused and positive moving forward," said Van Every. "Even interactions for half an hour a week can make a difference."

### New policy proposal could save

*Continued from page 13*

ties afford their prescription drugs.

Right now, there is no cap on how much Part D beneficiaries could pay out-of-pocket for their prescriptions. This is a huge problem for beneficiaries battling one or more chronic diseases -- many of whom require multiple drugs to live normal, healthy lives.

More than 800,000 Part D beneficiaries spend more than \$5,000 per year on prescription medications -- less than 2 percent of all enrollees. This 2 percent, however, accounts for 20 percent -- roughly \$3 billion -- of enrollees' total out-of-pocket drug spending.

One proposal from the Trump administration would create an annual out-of-pocket maximum on prescription drugs. Once a beneficiary has paid \$5,100 out-of-pocket at the pharmacy counter, he would

no longer be on the hook for paying for his necessary medications for the rest of the year. For those patients who require costly, specialty drugs, those savings could add up quickly.

Another reform, also proposed by the Trump administration, would crack down on the greedy practices of pharmacy benefit managers, or PBMs. PBMs work as middlemen between drug manufacturers and insurers. They negotiate large discounts on prescription drugs -- sometimes 30 percent off a drug's initial list price.

Unfortunately, patients don't always see these savings. And as a result, industry profits go up while patient cost sharing remains the same.

President Trump's proposal puts a stop to this malpractice. Under his plan, it would be illegal for PBMs to keep any manufacturer rebates for themselves. These savings would instead flow directly to patients.

Patients would benefit greatly from this proposal. If the discounts negotiated by PBMs were re-directed to Part D beneficiaries at the point of sale, seniors would save up to \$28 billion at the pharmacy over the next decade.

The federal government, meanwhile, could save up to \$73 billion over the same time period.

The solution is simple: Americans are far more likely to take their medicines when they can afford them. And when patients follow their prescription regimen, they have better health outcomes as a result.

Capping out-of-pocket spending for Part D beneficiaries -- and putting a stop to the predatory practices of PBMs -- will save lives. Patients and lawmakers alike should fully support these reforms.

### Overcoming barriers to exercise

*Continued from page 11*

by making your own weights using soup cans or water bottles. Check with your local parks and recreation department or senior center about free or low-cost exercise programs in your area.

### Increasing Your Energy

Regular, moderate physical activity can help reduce fatigue and even help you manage stress. Exercise can also reduce feelings of depression, while improving your mood and overall emotional well-being. Once you become active, you're likely to have more energy than before. As you do more, you also may notice that you can do things more easily, faster, and for longer than before.

## This 'n' That Bike trail closure

Ventura County Public Works Agency Announces Ojai Valley Bike Trail closure for Fresno Canyon Diversion Project.

The Fresno Canyon Diversion Project will start construction at the Ojai Valley Bike Trail in August 2019.

Ventura County Public Works Agency's (VCPWA) Watershed Protection District (WPD) is working to reduce repeated flooding in the Casitas Spring community and State Route (SR) 33 with the Fresno Canyon Diversion Project.

The new Fresno Canyon Diversion, which will take nine months to complete, constructs a new storm drain facility, approximately 1,500 feet in length. The project includes installing a 9-foot in diameter, reinforced concrete pipe (RCP) from Fresno Canyon to the Ventura

River for conveying stormwater, debris and sediment.

Project construction began in April 2019, and due to the project's connection to the Ventura River and proximity to the Ojai Valley Bike Trail, the pathway will be closed between the Arroyo Mobile Home Park and Foster Park for five months beginning August 15, 2019. For the Ojai Valley Bike Trail closure period, there will be an alternate bike route for trail goers from Santa Ana Boulevard, Santa Ana Road and Casitas Vista Road.

"The implementation of this project will assist in improving the safety of our communities that are highly susceptible to storm damage," said Glenn Shephard, director of VCPWA Watershed Protection District. "Our goal is to help reduce the amount of flooding and debris flow these communities face during rainstorms."





# This 'n' That



Senior Shirley does it all, even paddles.

## Ocean enthusiasts are all ages

by Shirley Lorraine

The Ventura Outrigger Canoe Club is one of several outrigger clubs that launch from Harbor Cove beach at the end of Spinnaker Drive. Their Halau (clubhouse) serves as a meeting place and storage area for their equipment. Their colorful red and yellow canoes render them easily visible, even in the early morning mist.

The club's purpose is to enable a wide range of people and groups to enjoy recreational ocean paddling sports, ocean conservation and education. While the primary focus is on traditional 6-seat Polynesian style canoes, the club also maintains one- and two-seat canoes for member use and promotes paddling sports of all kinds. The club has been going strong since 2006 and boasts members with a wide range of ages.

Over a third of their membership is over age 70. Recently, a hardy crew of six of these adventurous seniors paddled their way up to Ventura County's Mondos Beach and back, about 19 miles. One of the members, Debbie, celebrated her 72nd birthday on that trip!

The club meets several times a week. Sundays are invitational days for new participants. A senior myself, I eagerly signed their waiver form that indicated I could swim and would be a safe rider and listened carefully to some basic instructions including what to do in the unlikely event the canoe should huli (capsize). Good to be prepared. And yes, I paddled – to just beyond the pier and back! Surrounded by experienced and encouraging paddlers, I found it easy to quickly get into the rhythm by following their lead. I was told the proper way to stroke with the paddle and was assured that I wouldn't be sore the next day. I was surprised when I found that to be true! Technique really does matter.

At the halfway point we took a rest break and just enjoyed the calming ambiance of the water and birds. It was easy to see the meditational appeal of outrigger canoeing.

Some members are preparing to participate in the annual Queen Lili'uokalani Race in Kailua-Kona, Hawaii featuring events August 29 through September 2 where paddlers of all ages will convene.

The non-profit club regularly participates in community events such as beach clean-up, Caregivers of Ventura County Sailathons, and the Ventura Aloha Festival. Members also volunteer with the Best Day Foundation to assist kids with special needs enjoy an outrigger excursion day at the beach.

Take a look at the club's website – [www.venturaoutriggercanoeclub.org](http://www.venturaoutriggercanoeclub.org) to get more information. Give outrigger canoeing a try. You may find it's just the right way for you to get some exercise and mental relaxation at the same time.

## Free art resiliency program for kids' grades k - 5

HOPE worldwide is an international 501c3 nonprofit organization that aims at changing lives by harnessing the compassion and commitment of dedicated staff and volunteers to deliver sustainable, high-impact, community-based services.

Their Disaster Recovery team has collaborated with the American Red Cross to bring a Thomas Fire and Debris Flow Recovery Program to Ventura County, called SPARK Academy (Special Program for Arts Resiliency for Kids). This program is in response to the ongoing needs children and families are still facing due to the impact of the Thomas Fire and mudslides.

The SPARK Academy provides a safe environment using various interactive approaches including art and play therapy techniques to help K – 5th grade students express feelings, struggles and fears that may be occurring. At Mission Church, 5353 Walker Street, from 10:00am – 1:00pm for a total of five sessions; Five Saturdays: 9/7, 9/14, 9/21, 9/28, and 10/5. SPARK is 100% free to all participants. Luz Diaz at [luz.diaz@](mailto:luz.diaz@)

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### Ventura College Foundation

*Continued from page 6*

with its tuition-free Promise program provides students, their families and the community great benefits now and in the future."

"The years of financial expertise and work/life experiences that Stephen and Nuris bring to the board will be a tremendous asset to the foundation," says Rob van Nieuwburg, Ventura College Foundation board chair. "We are very pleased to have Stephen returning to the board and look forward to both Stephen and Nuris' financial insights and their input to help our students thrive."

Established in 1983, the Ventura College Foundation provides financial support to the students and the programs of Ventura College to facilitate student success and grow the impact and legacy of Ventura College as a vital community asset. The Foundation also hosts the Ventura College Foundation Marketplace; an outdoor shopping experience held every weekend on the Ventura College campus east parking lot. For more information, contact Julie

### Volleyball registration

*Continued from page 10*

The leagues operate twice per week beginning the second week of September and ending the first week of November. Practices and games operate in a coed format and offer participants the opportunity to develop self-esteem and confidence.

Programs fill quickly, so register early to reserve a spot for your child. The registration fee includes a volleyball, uniform t-shirt, and participation medal for each participant. Visit our online registration page to locate a program in your area.

For information on registration, programs, locations, or schedules visit [www.usyvl.org](http://www.usyvl.org) or contact us at 1-888-988-7985 or [info@usyvl.org](mailto:info@usyvl.org).

Founded in 1997, the United States Youth Volleyball League is a non-profit youth sports organization that hosts more than 15,000 participants annually, nationwide. USYVL's mission is to provide every child between the ages of 7 and 15 a chance to learn and play volleyball in a fun, safe, and supervised environment. Visit [www.usyvl.org](http://www.usyvl.org) today!

### Trash & Recyclables or Green Waste Pick Up Delay Due to the Labor Day Holiday

Due to the Labor Day holiday on Monday, September 2, trash and recyclables or green waste will be collected one day later than usual the week of September 1-7 in the City of Ventura. For the City of Ojai, trash and green waste will be collected one day later than usual, on Tuesday, Sept. 3.

**Thank you and Happy Holiday**  
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# The Pet Page



## Dedicated to Scamp

Since 1992, SPAN has made it their mission to reduce dog and cat overpopulation throughout Ventura County. SPAN provides financial assistance to residents in need. This year SPAN has assisted with helping Spay and Neuter over 1000 animals in 2018-2019. Also, SPAN supports a humane, Trap-Spay/Neuter return process for managing the Feral Cat population. During the last year SPAN assisted with over 300 Feral Cats.

With the continued support of cash donations and donations to the SPAN Thrift Store, SPAN is able to assist with the cost of Spay and Neuter. Since the start of the SPAN mission they have helped over 36,000 animals. This could not be achieved without the dedication from wonderful volunteers and the generous support from people that are passionate about animals. They appreciate your continued support to help make another successful year!

It's official! Ventura County Animal Services (VCAS) broke an adoption record on Saturday, August 17th at their annual Clear The Shelters pet adoption event. They adopted out more animals than at any other adoption event in shelter history! 167 shelter pets found homes (85 cats, 55 dogs, 18 rabbits and 9 other critters).

The highlight of the day was one Santa Paula family who adopted 9 animals -- two kittens and seven farm-type animals for their 5-acre property.

Clear The Shelter is a nationwide event presented by NBC4 and Telemundo52 but was organized locally by the team at VCAS.

Jackie Rose, Director of Ventura County Animal Services said, "We felt such love and support from our community. So many animal-loving folks came to adopt their next best friend. 167 adoption could not have been possible without the unbelievable dedication of our staff and volunteers."

Randy Friedman, Marketing Manager for Ventura County Animal Services, said, "From a marketing standpoint this was perfection. So many supporters in our community shared the event on social media. Our event reached over 50K people online and as a result, over 200 people were lined up for adoptions before we even opened!"

The success of the Pet Food Bank has now led to Pantry 4 Paws, a countywide pilot program from the HSVC. With distribution facilities being set up across Ventura County, the new program aims to feed the dogs of homeless and underserved communities across the county.

Any welfare agencies, nonprofits or businesses that offer assistance to the homeless in Ventura County and are interested in hosting a Pantry 4 Paws dispenser at no cost should contact Cooper at GregC@hsvc.org or 805-656-6505.

Those who'd like to support the HSVC's Pantry 4 Paws program can drop off unopened bags of dry dog or cat food at the Ojai shelter, at 402 Bryant St. Also, the HSVC Amazon

Wish List has been updated to include examples of requested food.

The Food and Drug Administration is warning dog owners not to feed their pets a certain raw dog food brand after samples tested positive for Listeria and Salmonella.

The FDA announced that Texas Tripe Inc. dog food tested positive for Salmonella and Listeria monocytogenes. The company has recalled 35 lots for each of 23 product varieties.

The FDA says the pet food represents a serious threat to human and animal health. Because these products are sold and stored frozen, FDA is concerned that people may still have them in their possession. The products are manufactured by Texas Tripe Inc. and are sold direct to consumers online.

"Your dog is positive for THC, and she's really high right now."

That's something Jennifer Wright never expected to hear from the on-call veterinarian at the Animal Hospital of Cambridge.

Coco, the Wright family's nine-month-old Yorkie-Havanese cross, had been acting out of sorts that evening. Coco wasn't having a stroke as feared, but she was one of a growing number of dogs in Canada falling ill from THC toxicity since cannabis was legalized in October, 2018.

Sometimes, THC toxicity happens when an animal gets into their owners' stash, but like the Wrights experienced, sometimes a dog can get sick from eating as little as a discarded butt from the side of a walkway or in a city park, said Cathy Hrinivich, a small animal emergency care veterinarian at the Animal Hospital of Cambridge.

"We have people come in, particularly seniors, they've walked the same route with their dog for years and years and never had a problem with this before, the dog is sniffing around and gets into something," Hrinivich said.

The American Society for the Prevention of Cruelty of Animals runs a poison control hotline in the U.S. and has reported a 756% increase in calls related to marijuana or cannabis over the course of the last 10 years, he said.

Washington and Colorado became the first two states to legalize recreational cannabis in 2012. It is now legal in 12, including the District of Columbia, and approved for medical use in 33 states.

"Certainly since the legalization of marijuana products, I think every veterinarian has seen just a dramatic spike in marijuana toxicity dogs, for sure," Hrinivich said.

Hrinivich said the hospital has seen an increase in both calls from worried pet owners and cases presented at the clinic — but said many pet owners are hesitant to bring in their dogs.

Wright has said her family is now "hyper-vigilant" when they take Coco for a walk "keeping her on the sidewalk and making sure we're trying to keep everything out of her mouth — which is quite a challenge but we're just glad she's OK."

"I literally thought that day, that my dog was going to die."

## Scamp Club

(Scampclub pets are not for adoption.)



I'm Honey B and I'm with me bestest friend Paula. I'm 9-years old and a pound puppy. I love to fetch and I know the names of all of my toys. And hanging out at the Ventura Breeze booth.

## Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You will be in the Breeze and become world famous.

Lost pet? Go to [LostCatVenturaCounty.com](http://LostCatVenturaCounty.com) or [LostDogVenturaCounty.com](http://LostDogVenturaCounty.com) - free websites for finding and posting when you've lost or found a cat or dog.



Morgan was the constant companion, and soulmate of Steve Clare. Morgan lost his battle with cancer, breaking Steve's heart. Morgan will be remembered running on the beach, playing with his dog friends, sitting with Steve watching television at night. And he will be sorely missed by all.



Roxy, a beautiful, sweet dog, was the beloved companion of Jason Higbie. Roxy loved her walks in the park, greeting people, leading a happy dog life. She endured her daily insulin shots but she finally lost her battle with diabetes. She is sorely missed by Jason, Gill, Heather and Cappi.

### SPAN Thrift Store

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[www.spanonline.org](http://www.spanonline.org)

\$10 Low/No Income Spay & Neuter Thurs., Sept 12th Albert H. Soliz Library - El Rio 2820 Jourdan St., Oxnard, CA 93036 Must call for appointment (805) 584-3823

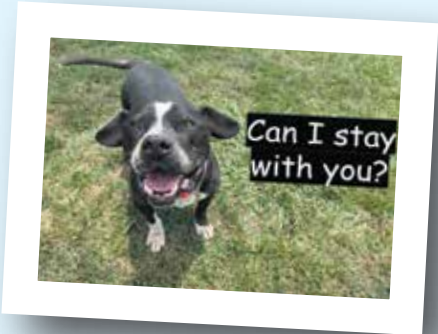
\$10 Low/No Income Spay & Neuter Thurs., Sept 19th Shiells Park parking lot, 649 C Street Fillmore, CA 93015 Must call for appointment (805) 584-3823



# The Pet Page

## Forever homes wanted

Eeyore recently had something big happen to him. This happy go lucky dog has been diagnosed with congestive heart failure. The vet also found that he has an enlarged heart, chronic valvular disease, and a golf ball sized mass on his heart. When performing any kind of exercise or if he starts getting hot, blood gets pushed back into his heart instead of flowing away. Eeyore needs a medical foster since being at the kennel can be tough and will only stress his body more. The average lifespan of dogs with these conditions is about 12-18 months. The sooner we get him into a relaxing home where he can be without stress, the better his quality of life will be. Please help by opening your home up to Eeyore or sharing this with your friends. Canine Adoption and Rescue League C.A.R.L.



companion forever Ventura County Animal Services - Simi location - 670 W Los Angeles Ave. (A611191)

Bug, what a great dog...He is shy and gentle cuddle-bug, very sweet on leash, walks right beside you. He just lies down by your side or sets his heavy head in your lap for a pat. He doesn't jump up on you. He is good with adopters who are comfortable with canines who have a laidback attitude and prefer an easygoing lifestyle. Looking for an emotionally secure, mutually satisfying, low maintenance relationship? Let him sit at your feet, walk by your side, and be your devoted

# The Pet Page

A vet had to remove a chew toy from a dog's mouth. The vet said he needed a saw to remove the nylon toy bone, and if he hadn't, the dog might have died.

A strong sense of panic set in quickly. Dog owner Amy Walsh was experiencing the same fear any dog owner might when her golden doodle, Bentley, began choking on a nylon chew toy.

The flexible toy, which is made by a company called Lumabone, had gotten wedged in Bentley's mouth in late July. Walsh said the dog couldn't close his mouth, and his tongue was stuck in the back of his throat. The two-year old dog was having trouble breathing.

"I guess it was the way he bit down on it. He had one of the holes of the bottom part wrapped around his jaw and his bottom teeth to dislodge it," Walsh told local TV station FOX4.

Unlike most of Lumabone's dog toys, the one in question has an unusual arched shape with holes at each end. A Facebook search produced several posts where other owners complained about the same thing happening to their dogs.

"I was terrified. I love him. He's my favorite pup-pup that I look forward to coming home to. I didn't know if I was going to lose him," Walsh said.

Dr. David Leighr, owner of Long Veterinary Clinic in Kearney, said Bentley was breathing, but he was having difficulty. He used a bone saw to remove the toy from the dog's mouth.

Leighr said he often sees this happen with large bones from hams and other large hunks of meat. Lumabone's website said owners should supervise their dogs while they gnaw on toys like these.

"This particular toy, it was kind of a

rough finish. It was difficult to slip it in and out of his mouth. Once it got lodged in there, it was hard to slip out," Leighr said Tuesday.

FOX4 made several requests for comment from Lumabone, but the company didn't get back to us. A Facebook post by the company's owner indicated the toy has been taken off the market.



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Ventura Police K-9 Unit Presents



## 8TH ANNUAL BARK OUT LOUD

COMEDY NIGHT & FUNDRAISER

FEATURING: Comedian Greg Warren

September 28, 2019 | 6-10PM

Enjoy an evening of fun with K-9 demos, silent auction and raffle items, photo ops with your favorite K-9, dinner and comedy.

Our entire K-9 Unit (the dogs, their training, food, medical, and equipment) is funded by community donations. All proceeds from this event go directly to the Ventura Police Department K-9 Unit.

**\$75 PER TICKET INCLUDES: DINNER, 2 DRINK TICKETS, K9 DEMOS, & COMEDY SHOW**



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# This 'n' That



Annabelle Slaughterbeek decided to make a difference in the lives of children.

## We at Project Understanding are grateful for Annabelle's support

by Jann Huling

Program Director Project Understanding

Annabelle Slaughterbeek decided to make a difference in the lives of children that can't afford back to school supplies. She picked Project Understanding as her charity of choice. We at Project Understanding are grateful for her support.

Annabelle Slaughterbeek is an incoming 8th grader at Monte Vista Middle School in Camarillo. She enjoys being a member of Girl Scouts and National Charity League, which have exposed her to various local philanthropies. For Annabelle's birthday, she asked her friends and family for school supplies, in lieu of gifts so she could stuff backpacks to donate to Project Understanding.

In Annabelle's words, "I collected the school supplies for my birthday because I feel that giving back to my community is important. It makes me feel good to know that I can help people who are less fortunate, and I can impact their lives in a positive way." Annabelle is excited to be the 2019-2020 President of Monte Vista's California Junior Scholastic Federation (CJSF) because this will give her an opportunity to organize different community service projects with her peers.

Project Understanding is a 42-year-old organization serving those in

need in Ventura County. A full-service food pantry for anyone that is hungry, Housing the homeless in various programs and housing units, as well as 11 tutoring sites. [www.projectunderstanding.org](http://www.projectunderstanding.org) 805-652-1326

### Mailbox

*Continued from page 4*

could bring it to the attention of the appropriate department.

The traffic signal at the intersection of Kimball Road and Blackburn Road causes some confusion.

If you are exiting from the westbound 126, the freeway offramp brings you to this intersection. For motorists wishing to make a left turn from the westbound 126 offramp onto Kimball Road, when the signal turn green, it is a solid green light (which would normally mean they must yield to oncoming traffic). There is no indication that the oncoming traffic from Blackburn Road has a red light, so drivers who are unfamiliar with the signal pattern may be hesitant to make the left turn onto northbound Kimball Road. If there was a green left-turn arrow to indicate that this is a protected left turn (in addition to the solid green light) it would help eliminate uncertainty and improve traffic flow.

CW Ventura



## Drive Sober or Get Pulled Over

As summer comes to a close, the Ventura Police Department is asking drivers to not get behind the wheel after drinking or using drugs that impact your ability to drive safely.

The Ventura Police Department is joining law enforcement agencies across the country in the national enforcement campaign, Drive Sober or Get Pulled Over. During this period, which ends September 2 (Labor Day), the Ventura Police Department will have additional officers on the road looking for drivers suspected of driving under the influence of alcohol and/or drugs.

Labor Day Weekend remains one of the deadliest times of year for alcohol-involved crashes. According to the National Highway Traffic Safety Administration, there were 376 deadly crashes nationwide during the

2017 Labor Day holiday period (Sept. 1 to Sept. 5). Among those crashes, more than one-third (36%) involved a drunk driver. Last year, two people were killed, and 31 others injured in California on Labor Day alone.

"There are so many ways to get home safely without driving," said Sergeant Michael Brown. "Driving while drunk or high is dangerous, irresponsible and causes too many senseless tragedies. We hope that drivers get the message that driving impaired will never be tolerated."

Driving while impaired is illegal, whether it is alcohol, prescription drugs, over-the-counter medications or marijuana.

If you plan on drinking or are taking medications that can affect your driving ability, designate a sober driver or use a ride-share service. If you see someone driving impaired, call 911.

Funding for DUI enforcement is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

## PERFECT books for the End of Summer from Ventura's own KEN McALPINE

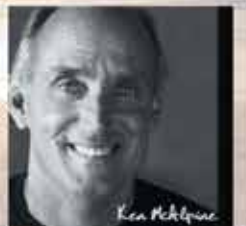
### "a 21st Century Moby Dick..."

Welcome to the winter shores of 1882 Cape Cod, a world of shipwreck and quick death and a race to find a treasure that will change the course of a young America. When a ship sinks in a storm, its secret dying on the lips of a child, a catastrophic chain of events is set in motion as Keeper Daniel Cole and his fellow lifesavers pursue a philosophical killer. Hope and despair, love and loss, sacrifice and sin, riddle and answer, blur and intertwine in a tale that calls into question mankind's moral compass, and the very nature of progress and civilization.



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A coming-of-age novel of a different sort, this heartbreakingly tender story of love and hope shows us all that it is never too late for a second chance. One man -- and an unforgettable cast of characters -- reminds us that the human heart and spirit are forces as unpredictable as they are powerful.



[kenmcalpine.com](http://kenmcalpine.com)

[facebook.com/kenmcalpineauthor](https://facebook.com/kenmcalpineauthor)



# Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

## Officer Involved Shooting

On August 12, at approximately 11:30am, the Ventura Police Department Command Center received a call from the California Highway Patrol dispatch reporting that a California Highway Patrol motor officer was involved in an officer involved shooting in the 200 block of Comstock Dr. and were requesting assistance by our officers. Several officers with the Ventura Police Department responded to the area and located the involved CHP officer.

During the investigation it was learned the CHP officer attempted to conduct a traffic stop on Highway 101 for a moving violation when the vehicle exited onto the city streets. The driver of the vehicle attempted to evade the officer and drove onto Comstock St., which is a dead end street. After the driver made a U-turn, the driver drove at a high rate of speed towards the CHP officer and an officer involved shooting occurred. The suspect driver continued and fled the scene.

Approximately 2.5 hours later, the suspect vehicle was located unoccupied in the 2200 block of Katari Ave., which is approximately 2 miles from the scene of where the officer involved shooting occurred. There was evidence that confirmed the vehicle was involved in the incident. The suspect driver has not been located.

The California Highway Patrol officer was not injured.

## Illegal Possession of a Firearms Arrest

On August 15 at 11:45am, the Ventura Police Command Center received a call from the reporting party that her ex-boyfriend, 39 year old Aaron Saenz, was threatening to commit suicide. During the investigation, officers learned that Saenz has access to guns and recently posted a picture of him being in possession of a firearm and bulletproof vest. Saenz also had two outstanding warrants for his arrest

As officers went to check on Saenz, they found a van belonging to Saenz in front of his address. While checking the van, the officers found Saenz inside. The officer also located a handgun and the bulletproof vest. Saenz was arrest without incident for felony possession of a concealed firearm in a vehicle, felony possession of brace knuckles and his misdemeanor warrants. No one was injured during this incident, and there was no evidence that Saenz intended to harm himself.

## Prowling, Possession of Burglary Tools, Giving False Information to a Police Officer and Parole Violation

On August 17, at approximately 8am, the Ventura Police Department Command Center received a 911 call from a resident in the 600 block of Lemon Grove Ave. reporting that a subject was just seen going into the backyard of a neighbor's residence. The caller saw the subject, later identified as 26 year old Oxnard resident Scott Estrada, near the front door before going into the backyard.

Officers responding to the call and detained Estrada on the side yard of the residence. He first gave the officers a false name, but he was later identified

and arrested for prowling, possession of burglary tools, giving false information to a police officer and a parole violation

A review of the Ventura County Superior Court website shows that Estrada has prior convictions for burglary, prowling, engaging in lewd conduct in public and being a convicted felon.

## Commercial Burglary Arrest

On August 1 at 3am, an unknown subject driving a U-Haul truck pulled up to two businesses on Morse Ave and forced entry into both establishments and stole property. On August 3 at 4:40am, the same subject driving the same U-Haul forced entry into a business on King Dr and stole property.

During the investigation, 28 year old James Moug became a suspect in all three burglaries. On August 21, Detectives with the Ventura Police Department Street Crimes Unit, with the assistance of Detectives from Bakersfield Police and Kern County Probation served a search warrant on Moug's residence in the city of Bakersfield. Moug was located and arrested and much of the stolen property was found.

Moug was arrested and subsequently booked at the Ventura County Jail. A review of the Ventura County Superior Court website shows that Moug has prior convictions for grand theft, petty theft, and possession of narcotics.

## Robbery and Assault with a Deadly Weapon

On August 23, a approximately 5:15am, patrol officers responded to a call for service regarding a robbery in progress at one of the boating docks in the Ventura Harbor. Upon arrival, a security guard advised the suspect was in the process of taking docking material worth a couple of thousand dollars. As the suspect was leaving with the property the security guard confronted him. In response, the suspect armed himself with a machete and advanced at the security guard while swinging it at him. When the security guard backed away the suspect fled the area with the stolen property.

Responding officers canvased the area and located the suspect, still in possession of the stolen property and machete, in a nearby hotel parking lot. The suspect was identified as 46 year old Samuel Bingham. Bingham was booked in Ventura County Jail for Robbery and Assault with a Deadly Weapon.

A review of the Ventura County Superior Court's case inquiry system shows since 2013 the suspect has been convicted three times for possession of drug paraphernalia, once for possession of a controlled substance, and once for possession of a concealed dagger.

## Attempt Robbery, Threats, Brandishing and Battery.

On August 23, at approximately 6:30am, the Ventura Police Department Command Center received a 911 call regarding a disturbance in the 2900 block of Telegraph Road. Officers responded and contacted the victim. Through the investigation, it was determined the suspect was sleeping behind a business in the 2900 block of Telegraph Road when an employee contacted him and asked him to leave. The suspect responded by punching the victim in the face and taking the victim's backpack. The suspect then brandished a pocket knife at the victim, while threatening to stab him and demanding his money. The victim backed away and yelled for someone to call the police. A nearby

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CALIC# 565801810

citizen heard the victim and called 911. The suspect dropped the victim's backpack and fled the area.

Additional responding officers canvassed the area and located the suspect in the 2600 block of Thompson Blvd. The suspect was identified as 32 year old Jarrett Bruck and was booked at the Ventura County Jail for Attempt Robbery, Threats, Brandishing, and Battery.

A review of the Ventura County Superior Court's case inquiry system shows that as of 2017 the suspect has been convicted twice for trespassing, once for vandalism, once for theft, once for threatening someone, once for battery, and once for being under the influence of a controlled substance.

The Ventura Police Department would like to take this opportunity to remind residents and businesses that we will respond to incidents of people unlawfully lodging on your property. If you find someone trespassing on your property, you can call us at our non-emergency phone number (805)650-8010, or in cases of emergencies 911.

# Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

**8-15** 7:10am, while opening Surfers Knoll restrooms, officers observed a person lying awkwardly on the sand. It was soon discovered that the patient was not breathing. Fire dispatch was notified, and officers performed life-saving procedures. The patient was eventually pronounced dead on scene. 10:41am, received a dispatch to a medical at Ventura Marina Community. Officers responded and assisted VFD/AMR with the call. The patient had fallen and HP officers and VFD picked

him up and returned him to his chair.

**8-16** 2:15pm, observed the "John Wayne Cancer Foundation" paddle board being paddled up coast to the Ventura Pier. The board is paddled and handed off from each lifeguard agency to raise money for cancer research at City of Hope.

7:03pm, dispatched to a seabird in distress at Marina Park. Officers responded with VFD and were able to free the bird that was tangled in line attached to the mast of the Marina Park boat playground.

**8-17** 9:10am, received dispatch to an eye injury near the Santa Clara bridge. Officers responded and found the patient, a local transient and assisted VFD/AMR with the patient. He was treated and released.

1:50pm, received a report of a stingray strike at Harbor Cove. Officers responded with hot water and assisted State Parks with the patient.

9:30pm, received a report of three males fishing at the Ventura Marina Community lake. Officers responded and searched the area but were unable to locate the trespassing fisherman. It is illegal to fish there.

**8-18** 2:04am, dispatched to a brush fire near Santa Clara River mouth. Officers responded with multiple fire agencies to the fire. For two hours officers assisted Ventura FD with transporting firefighters to the blaze and pulling hose.

12:30pm, received a report of a vessel accident near VIM I-dock. Officers responded to investigate the incident. A vessel reportedly collided with a fixed object causing some damage. No injuries were reported.

5:20pm, dispatched to a fall patient in the Harbor Village. Officers responded and assisted VFD/AMR with the patient. A 50-year-old female fell down a stair and injured her arm. She was treated and transported to local hospital.





by Pam Baumgardner  
VenturaRocks.com

We're wrapping up the summer season with a number of events including Bombay's Annual Beach Party with stages indoors and out, a beer garden, mechanical bull and more. DJs will keep you dancing all night long with bands performing earlier in the evening, Dudeo Perez, Strange Case and The Swells on Saturday starting at 6:30 and Uproots on Sunday at 3 pm followed by Black Star at 6 pm.

Topa Mountain Winery in Ojai is hosting a Make-a-Wish fundraiser dubbing it "Rock the Wish" featuring Dennis Quaid and the Sharks; opening, will be three amazing local ladies, Cindy Kalmenson, Patricia Avis and Natalie Gelman. Music starts at 5:30 pm followed by a screening of Quaid's movie The Rookie at 8 pm. According to a press release, Quaid said the shows are as much fun for those in attendance as they are for the band. "(The audiences) have a blast, which is all we want. I make a complete and utter fool of myself," Quaid said. He added, "I think that's the only way to have fun (onstage), instead of trying to pretend to be cool and all the rest of that stuff." Okay, I'm in!

Stephen "Ragga" Marley makes a stop during his fifty-city tour across the U.S. at Discovery on Friday, September 6. Son to Bob Marley, Stephen has earned his own legacy garnering eight Grammy awards over the years. The tour name honors his father's iconic live album with the Wailers, calling it "Babylon by Bus" tour.

The Music Under the Stars series wraps up the season on Saturday, August 31 with The Swing Kings at Olivas Adobe; unfortunately, this show is also sold out. With so many shows selling out so fast, perhaps the City will entertain adding another show on Friday nights.

Quick Notes: Don't miss punk rock fun with The Adolescents and Love Canal at The Garage on Friday, August 30; Rey Fresco with The Collective will be at El Rey Cantina on Friday, August 30; The Lab on Azahar has Like the Morning and Edukated on Saturday, August 31; IDEAL Music Collective will land at the Golden China on Saturday, August 31; The Sunday Drivers play Dargan's on Sunday, September 1; Flying Colors play the Ventura Theater on Thursday, September 5; First Friday music at Harvest Café features Shay Moulder on September 6; Second Sunday Supper at Plan B Wine Cellars will host The Beatunes on the 8 of September; and finally Little Steven and the Disciples of Soul at Ventura Theater Monday, September 9.

And finally, I am sad to report the passing of Neal Casal who lived locally yet work with such bands as Ryan Adams and the Chris Robinson Brotherhood. I was lucky to catch him jamming with Crazy Rust at Bombay's in the backroom several years ago. RIP Neal.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com. For updated music listings daily, go to www.VenturaRocks.com.

## Music Calendar

For more events go to VenturaRocks.com

- Blue Agave**  
**185 E. Santa Clara**  
Fridays: Mariachi Band; DJ  
Saturdays: DJ
- The Blue Room**  
**Ventura Harbor Village**  
(Next to Comedy Club)  
Thursdays: Gypsy Blues Band
- Boatyard Pub**  
**Ventura Harbor Village**  
Monday-Thursday 6 pm, Friday & Saturday 7 pm  
Mondays: Milo Sledge  
Tuesdays: Jason Ho/Frank Barajas  
Thursdays: Bluegrass Jam  
Wed 8/28: Karen Eden  
Fri 8/29: Andy D  
Sat 8/30: Karen Eden
- Bombay Bar & Grill**  
**143 S. California Street**  
Thur, Fri & Sat: DJs, Sunday 2-7: DJs  
Sat 8/31: Dudeo Perez, Strange Case, The Swells (6:30 pm)  
Sun 9/1: Uproots, Black Star (3 pm)
- Café Fiore**  
**66 S. California Street**  
Wed 8/28: David Patt, Sat 8/31: David Prince
- Casa Bella**  
**391 E. Main Street**  
Thursdays: Danny D.
- The Cave**  
**4435 McGrath Street**  
5:30 – 8:30 pm  
Weds & Saturdays: Varon Thomas  
Thurs & Fridays: Warren Takahashi
- Copa Cubana**  
**Ventura Harbor Village**  
Music 7 pm; Sundays 4 pm  
Tuesdays: The Jerry McWorter Trio  
Wednesdays: Al Macias Jazz Open Mic  
Fri 8/30: Native Vibe  
Sat 8/31: Ruben Estrada & the Martinez Brothers
- Crown Plaza**  
**Agua Beachfront Bar**  
**450 E. Harbor Blvd**  
Music 6-8 pm  
Fridays: Brittney & Ben
- Dargan's Irish Pub & Restaurant**  
**593 E. Main Street**  
Sun 9/1: Sunday Drivers (4 pm)
- Discovery**  
**1888 Thompson Blvd**  
Thurs 8/29: Morgan Heritage  
Fri 8/30: One More for the Road  
Sat 8/31: The Band that Fell to Earth  
Sun 9/1: Blues Bullet (5 pm)  
Thurs 9/5: Stoneflys  
Fri 9/6: Stephen Marley, DJ Shacia Payne  
Sat 9/7: Bring Back the 90s  
Sun 9/8: The Mighty Cash Cats (5 pm)
- El Rey Cantina**  
**294 E. Main Street**  
Fridays: DJ  
Saturdays: DJ  
Fri 8/30: Rey Fresco, The Collective
- Four Brix Winery**  
**2290 Eastman Avenue**  
Music 6 – 8:30 pm  
Fri 8/30: 805 Allstarz  
Fri 9/6: Midlife Crisis
- Garage**  
**1091 Scandia Avenue**  
Fri 8/30: The Adolescents, Love Canal  
Sat 8/31: Naughty Pine  
Fri 9/6: Hammerback, Late Night Union, Black Dragon
- Golden China**  
**760 S. Seaward**

- (805) 652-0688**  
Karaoke seven nights a week 9 pm  
Tuesdays 7 pm: Open Mic  
Sat 8/31: IDEAL Music Collective show
- Grapes and Hops**  
**454 E. Main Street**  
Wed & Thurs 6 pm; Fri & Sat 8 pm, Sun 4 pm  
Sun 9/1: The Tossers
- Harbor Cove Café**  
**1867 Spinnaker Drive**  
Sat 8/31: Raised on Vinyl (2 pm)
- Hong Kong Inn**  
**435 E. Thompson Blvd**  
Fri 8/30: Cronander, Pink Mist, No Divide, Railer  
Sat 8/31: Dr. T 7 the Blues Criminals  
Thurs 9/5: The Coconuts  
Fri 9/6: Coffin, The Intelligence, VNLVX, Species Unknown  
Sat 9/7: Wired, Black Dragon  
Sun 9/8: Del Franklin (4 pm)
- Keynote Lounge**  
**10245 E. Telephone Road**  
Tues, Wed and Sun: Karaoke  
Thursdays: Open mic night  
Fri 8/30: Reign  
Sat 8/31: Johnny Hellhole  
Fri 9/6: Action Down  
Sat 9/7: Red Rhythm
- The Lab**  
**11137 Azahar Street**  
Sat 8/31: Like the Morning, Edukated
- Leashless Brewing**  
**585 E. Thompson Blvd.**  
Tues: Open Mic, The Listening Room  
Sat 8/31: Boom Duo  
Fri 9/6: Mark Masson & Phriends  
Sat 9/7: Kevin Tate  
Sun 9/8: The Swillys
- Limon y Sal**  
**598 E. Main Street**  
Fridays: DJ  
Saturdays: DJ  
Sundays: Instone (1-4 pm)
- Made West Brewing**  
**1744 Donlon Street**  
Thurs 6 pm; Sat 4 pm; Sun 3 pm  
Thurs 8/29: Devin Johnson  
Sat 8/31: Ben Schneid  
Sun 9/1: Matthew Fosket  
Thurs 9/5: RJ Bloke  
Sat 9/7: Left Hand Lions  
Sun 9/8: Medicine Hat
- Majestic Ventura Theater**  
**26 S. Chestnut Street**  
Thurs 9/5: Flying Color  
Sat 9/7: Ghetto Lions, Hell Toupees, Black Dragon, Blues Bullet  
Mon 9/9: Little Steven and the Disciples of Soul
- Margarita Villa**  
**Ventura Harbor Village**  
Music at 7 pm; Sundays at 4 pm  
Fri 8/30: The Tossers  
Sat 8/31: Freedom of Expression  
Sun 9/1: Martinez Brothers  
Fri 9/6: Corsican Brothers  
Sat 9/7: Sin Chonies  
Sun 9/8: CRV
- Namba**  
**47 S. Oak Street**  
Sat 8/31: Sik Sik Sicks, Sleepaway, Nothing Add All
- Oak and Main**  
**419 E. Main Street**  
Thurs 8/29: Mark Masson & Phriends  
Fri 8/30: Shaky Feelin'  
Sat 8/31: Los Nauticals  
Sun 9/1: Linus the DJ  
Thurs 9/5: Beers Brothers Open Mic  
Fri 9/6: Vanise Terry Band  
Sat 9/7: Valley Sons
- Olivas Adobe**  
**4200 Olivas Park Drive**  
Music Under the Stars series  
Sat 8/31: The Swing Kings
- Plan B Wine Cellars**  
**3520 Arundell Circle #107**  
Music 4:30 – 7 pm  
Sun 9/8: The Beatunes
- Prime**  
**2209 E. Thompson Blvd**  
Tuesdays: Danny D.
- Red Cove**  
**1809 E. Main Street**  
Sat 8/31: Dying to be Dead, Aseptic, Ritual

- Moon, Bodily Ruin  
Sat 9/7: Narcoleptic Youth, All-a-Blur, FUSE, Malice Thoughts, The Hell Toupees
- Sandbox Coffeehouse**  
**204 E. Thompson Blvd**  
**805-641-1025**  
Thurs 6 pm, Weekends noon  
Thursdays Open Mic  
Sun 9/1: Baby Boy Bartels & the Boys  
Sat 9/7: No Class  
Sun 9/8: Joe Tourist
- Sans Souci**  
**21 S. Chestnut**  
Sundays: DJ Darko  
Mondays: Karaoke w/ Brian Parra  
Tuesdays: DJ Nick Dean  
Wednesdays: Open mic  
Thursdays: DJ Spinobi  
Fri 9/6: DJ Pistolero  
Sat 9/7: The Brutalist
- The Shores Restaurant**  
**1031 Harbor Blvd, Oxnard**  
Thursdays: Karaoke  
Fri 8/30: B&U Duo  
Sat 8/31: 99 Bullets  
Sun 9/1: Karen Eden
- The Star Lounge**  
**343 E. Main Street**  
Thursdays: DJ Terry  
Fri 8/30: Power Syndicate  
Sat 8/31: Vanise Terry Band  
Fri 9/6: CRV
- The Tavern**  
**211 E. Santa Clara Street**  
**(805) 643-3264**  
Sundays: DJ Steezy Steve  
Tuesdays: Karaoke  
Thursdays: Get Right DJ  
Wed 9/4: Out of Trust, Alice Thoughts, Ill Communication  
Fri 9/6: Detoxi, Tung  
Sat 9/7: Teenage Goo Goo Muck
- Topa Mountain Winery**  
**821 W. Ojai Avenue, Ojai**  
Music Saturdays: 5-7; Sundays 4-6  
Sat 8/31: Boogie Woogie Band  
Sun 9/1: Shawn Jones Trio  
Sat 9/7: Dennis Quad & the Sharks  
Sun 9/8: Vox Box Six
- Ventura County Fairgrounds**  
**10 W Harbor Blvd.**  
Ventura Nationals  
Sat 8/31: Jesse Dayton, Tom Kenny & the Hi-Seas, Eddie & the Scorpions, The Moontones, The Rockin' Henrys
- Ventura Harbor Village**  
**1583 Spinnaker Drive**  
Music 1-4 pm  
Saturdays: Steel Drums  
Sun 9/1: Blown Over  
Mon 9/2: Karen Eden  
Sat 9/7: Latin Touch  
Sun 9/8: Castillo Trio
- Ventura Vineyard**  
**Suite J Theater**  
**1956 Palma Drive**  
Fri & Sat 8 pm  
Fri 8/30: American Roadhouse  
Sat 8/31: American Roadhouse
- Water's Edge**  
**1510 Anchors Way**  
Music 11 am – 3 pm  
Sun 9/8: Doc Ventura
- Winchester's**  
**632 E. Main Street**  
**(805) 653-7446**  
Music at 7:00 pm; Sundays at 5 pm  
Fri 8/30: James Broz  
Sat 8/31: The Tossers  
Sun 9/1: Masters of the Past  
Fri 9/6: The Swillys  
Sat 9/7: Unkle Monkey Duo  
Sun 9/8: Acoustic Crossroads
- 1901 Speakeasy**  
**740 South B Street**  
Fri 8/30: Shawn Jones  
Sat 8/31: Milo Sledge  
Fri 9/6: Rat Pack Ricky  
Sat 9/7: Bobby Campbell
- The 805 Bar**  
**Ventura Harbor**  
Music at 11 am – 1 pm Fri & Saturday 4-7 pm  
Saturday  
Sat. and Sun.: Kenny Devoe





**Mary-Gail King and Gerald Zwiers** will display their artwork in a show titled "Synergy" at Fox Fine Jewelry from September 12 to November 11, 2019 with an Art Reception on September 14 from 6 – 8 pm.

A teacher of Intuitive Painting, Mary-Gail King takes her own "intuition" method to heart, letting her creativity lead her in new directions. She likes to paint with mindfulness, and collaborate with other artists. Her artwork can be representational or abstract, or sometimes a combination of the two, as she balances color and light.

From a young age, Gerald Zwiers has been passionate about art and learning. He decided to keep art a hobby and pursue formal education outside of the arts. As a well-rounded entrepreneur, he still manages to be a prolific artist, known to regularly produce over 100 pieces per year (his record is over 1000!). One of his biggest driving forces as an artist is to mindfully create work that will spread goodness and joy.



*Provence Tales* by **Dahlia Riley**, Honorable Mention winner at BAA's 33rd Annual Open Competition 2019, held in February of this year.

## Ventura gallery offers diverse shows

"Abstractions," the next exhibition at the Buenaventura Gallery, slated Aug. 29-Sept. 22 in Ventura, will feature a range of nonrepresentational works by Buenaventura Art Association members.

Whether painting or sculpture, abstract art doesn't set out to describe the world we see, but rather it uses form, line, color, pattern, texture, composition and process to explore the inner world of both the viewer and the artist. Juror for "Abstractions" will be Tony MacIsaac of Ventura, who studied painting and drawing at UC Santa Cruz and Washington State University, and who owns Traveler Cafe.

An opening reception for both shows will be 6-9 p.m. Sept. 6 as part of Ventura's First Friday gallery crawl.

Also featured during these dates will be several paintings by Ventura artist **Gina Niebergall** on the gallery's Triangle Showcase.

Buenaventura Gallery, in Studio 30 at Bell Arts Factory, 432 N. Ventura Ave., is open 11 a.m.-4 p.m. Thursdays through Sundays. For more about the 65-year-old BAA nonprofit cooperative and its programs, visit [www.buenaven-](http://www.buenaven-)

[turagallery.org](http://turagallery.org) or call 805-648-1235 during gallery hours.



**Studio Channel Islands Art Center (SCIART)** is hosting its annual **Art à la Mode Gala**, 5:30 p.m., Sept. 7, at the Saticoy Country Club, 4450 Clubhouse Dr., Somis. The Art à la Mode Gala offers an evening of gourmet dining, an opportunity to see inspirational artists demonstrating their craft and a chance to walk away with a work of art or other item from the live and silent auctions. This year's event honors Dr. Joseph (Joe) Halcomb III and his wife Joani Halcomb as the recipients of the 2019 Medici Award, SCIART's highest recognition, for their support of the arts, artists and the art community. The Art à la Mode Gala is SCIART's largest fundraiser with all proceeds going to support its art education and outreach programs, and contemporary art exhibitions. Tickets are available online at [http://bit.ly/SCIART\\_2019\\_Gala](http://bit.ly/SCIART_2019_Gala) or by calling 805-383-1368. For more information or to submit an auction item or donation, contact Peter Tyas at [ptyas@studiochannelislands.org](mailto:ptyas@studiochannelislands.org) or call 805-383-1368.

## Mayor's Arts Awards accepting nominations

The 15th annual Mayor's Arts Awards nomination forms are now available online at [www.cityofventura](http://www.cityofventura).



FOTM Education Director Aimee French with a Learning To See Outreach children's art exhibit.

## FOTM's 25th Anniversary Celebration

Focus on the Masters (FOTM) Arts Archive & Library, together with Cumulus Media and Jordan Laby, present FOTM's 25th Anniversary Celebration For the Love of Art on Saturday, September 14, from 6 p.m. to 10 p.m., at the Four Points by Sheraton in Ventura. The Celebration is a benefit in support of Focus on the Masters' award-winning arts education programs including the Learning To See Outreach, a sequential in-school and community outreach art program for at-risk youth and Title 1 schools.

"Our 25th Anniversary is such a tremendous milestone!" exclaims Founder and Executive Director Donna Granata. "Our gathering will celebrate all of the extraordinary artists, volunteers, patrons,

collaborators, Board members and staff who have played an important role in developing our rare resource library. Sharing our distinctive programming, with its valuable documentation of notable artists, with people of all ages, contributes to a vibrant, culturally rich community."

Guests will experience an expansive 75-foot interactive FOTM timeline chronicling the last quarter century of local artists, art history and notable events. The event will be full of "art for all" including FOTM's famed \$20 Celebration Mystery Bags filled with all kinds of art related treasures worth at least \$50, unique live and silent auction items and the chance to win an original serigraph by Mary Michel.

FOTM has served the community for over twenty-five years through their educational arts programming. Since that time, their Learning To See program has brought compelling lessons to over 250,000 students throughout Ventura County. The integrative lessons are inspired by the artwork and life stories of extraordinary FOTM documented artists. LTS is the recipient of the California Arts Council Artists in Schools grant for the 2019/2020 school year and will feature lesson plans focusing on the indigenous art and culture of Porfirio Gutierrez (Zapotec, Mexico), Christine Morla (Philippines), and Bijian Fan (China).

make recommendations for the Mayor to approve.

The Mayor will announce honorees on October 7, 2019 and present each recipient with an award at a reception on November 15, 2019 at the Museum of Ventura County. The awards are presented as a joint project of the City Manager's Office and the Community Partnerships Division.



**Ruthanne Tudball** Ceramic Demonstration and Talk on Friday, August 30th, 6pm.

Santa Paula Museum of Art, Cole Creativity Center, 123 North 10th St.

Directions: Route 126 to 10th Street exit, building on the left with parking in the rear.

Members of the Guild, interested artists, and public are invited to join for a very special free 2-hour demonstration and talk by internationally known ceramic artist Ruthanne Tudball.

Tudball has developed a technique in which, as an example, a tea pot is thrown, manipulated, altered and assembled while on the wheel. The primal connections to such physical elements as the mountains, sea and desert have formed and been essential to the inspiration for her making pots. In 1989 she graduated with a Commendation and two years' worth of research into soda glazing from Goldsmith's. This led to writing a book *Soda Glazing* published by A&C Black in 1995. She now lives in England. <https://www.ruthannetudball.com/>

Ruthanne will also be holding a full-day, hands-on workshop on 8/31 and 9/1.

Please contact B. Burgess for information at [bburgessinventura@gmail.com](mailto:bburgessinventura@gmail.com). Deadline for registration is 8/28/19.



# Lighter Breeze

Tiger



Baby Blues



Shoe



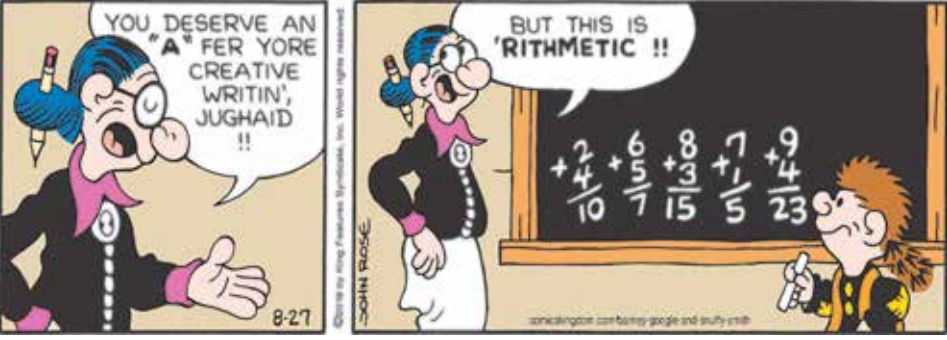
Hi and Lois



Crock



Barney Google and Snuffy Smith



Solutions on page 19

(For a beginners guide to playing Sudoku go to [venturabreeze.com](http://venturabreeze.com))

1				3	8		
	9			8			6
		2	9	4			5
		5		2			7
2			3			4	
	4				6		8
	7			2			1
4			7				3
	8	6		3	2		

### Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK:** ♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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Solutions on page 19

## King Crossword

### ACROSS

- 1 Bygone Peruvian  
5 Decibel increaser, for short  
8 Jewels  
12 Greenhouse structures  
14 On  
15 Caviar provider  
16 Volcanic outflow  
17 "Eureka!"  
18 Not as short  
20 Dishes  
23 Ratio phrase  
24 Little one in the litter  
25 Tough puzzle  
28 Affirmative  
29 Diarist Nin  
30 — Beta Kappa  
32 Learner  
34 Adolescent  
35 Prod  
36 Cause, as havoc  
37 Expose, in a way  
40 Hawaiian garland  
41 Any minute now  
42 Obdurate  
47 "Zounds!"  
48 Cook on a grill  
49 Novelist Jaffe

1	2	3	4		5	6	7		8	9	10	11
12				13					14			
15									16			
			17				18	19				
20	21	22				23						
24					25				26	27		
28				29					30		31	
	32		33						34			
			35					36				
37	38	39					40					
41					42	43			44	45	46	
47					48							
49					50				51			

### DOWN

- 1 "Monty Python" opener  
2 Seine  
3 French vineyard  
4 Immoderate  
5 Neighborhood  
6 "O Sole —"  
7 Woman's two-piece?  
8 Fast gait  
9 And others (Abbr.)  
10 Relocate  
11 Practice boxing  
13 Turkish title  
19 \$ dispensers  
20 Weep  
21 Colors  
22 "Meet Me — Louis"  
23 "Try — see"  
25 Passes furtively  
26 Duel tool  
27 Actress Perlman  
29 Commotions  
31 Pen filler  
33 Kampala's country  
34 "Survivor" squads  
36 "MacArthur Park" composer Jimmy  
37 Addict  
38 Nixed, at NASA  
39 Complain  
40 Hide in the bushes  
43 Greek cross  
44 Autumn mo.  
45 Regret  
46 Fresh

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**LIBRA** (September 23 to October 22)  
A new job offer might not carry all the benefits you're seeking. Make sure you know what you're entitled to, what is off the table and what is negotiable before you make a decision.

**SCORPIO** (October 23 to November 21)  
A social obligation you would rather get out of could hold some surprisingly positive aspects. Why not go and see for yourself? A family member makes a curious request.

**SAGITTARIUS** (November 22 to December 21)  
Before tackling that new project awaiting you at home or on the job, take time out for some much-deserved pampering to help lift your spirits and restore your energy levels.

**CAPRICORN** (December 22 to January 19)  
Your social calendar begins to fill up more quickly than you expected. And that's great. You deserve to enjoy some good fun after so much time spent on serious matters.

**AQUARIUS** (January 20 to February 18)  
A domestic situation continues to improve, thanks to all the tender, loving concern you've shown. A colleague makes a questionable move that you might want to check out sooner rather than later.

**PISCES** (February 19 to March 20)  
A sudden turn in a romantic relationship calls for both a rational and passionate response. Keep the love level high, but also find out why the problem arose in the first place.

**BORN THIS WEEK:** You often set high standards for others. But to your credit, you set the same expectations for yourself.

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# Showtime

A View from House Seats

## Sweet Jay’s Roadhouse Now Open

by Shirley Lorraine

Tucked away in an industrial area of Ventura is a Speakeasy. The Speakeasy Project: American Roadhouse, that is. Billed as an underground evening of new comedies and live music, the interactive roadhouse atmosphere is provided by the Fractured Actors Theater Company.

New name on the community theater scene? It was to me although this is their second Speakeasy Project and other productions have been mounted.

Apparently, others were already in the know however, as most of the tables in Sweet Jay’s Roadhouse were already filled when I arrived. Libations were available, both complimentary and for purchase, and the place was already jumping.

The evening featured Sumter Skaggs and the Screamin’ Armadillos, a versatile band churning out country, rock and blues classics. A standout vocalist was Stella Ruby Rose (Shelby Figueroa) who not only belted out the tunes, she also played piano and guitar accompaniment.

The evening was a mixture of original one-acts plays depicting snapshots of American Life written by FATC’s producers, Jeff Ham and Shannon McNally Ham, and boot-scootin’ music from the band.

Stage crew deftly changed the minimal settings while the audience was enjoying the musical interludes. A large cast of actors assumed various roles in the one-acts, performing with enthusiasm. The Fractured Actors website decrees family friendly, but I would caution those with an aversion to cuss words (both in scripts and songs) to leave the kids at home. The one-acts, in my opinion, were placeholders for the music. Scripts were complicated and filled

with what seemed to be comments on life while dancing around the subjects. Maybe it was just me, but I felt some interpretation was required. At least one act seemed unresolved to me.

A few of the actors were difficult to hear with soft, unamplified voices in stark contrast to the interim amplification of the musicians. For me, it was like when you’re watching TV and must turn the sound up but then the commercial comes on and you’re blasted with volume.

However, a few performers stood out with excellent diction, projection and confidence. Hudson Ham, the youngest of the group, shows promise. He was composed, articulate and had excellent timing.

Anthony Contreras and Benjamin Wilson each stood out in several one-acts as did the trio of Jeff Ham, Michael Lie Murphy and Karyn Noel in the second play titled Animal Behavior.

Overall though, the entire evening was different, enjoyable and lively. Although the black box theater utilizes space in the Ventura Vineyard Church on Palma Drive, the theater company is fully independent of the church, hence their hashtag #NotAChurchPlay.

The entrance is around the back, as a Speakeasy should be – through an unmarked door. However, the bouncer will check for your name on the list so be sure to reserve tickets/seats early. Seating is limited and the tables fill up fast.

This end-of-summer special engagement is a limited run ending August 31. It is a non-smoking venue, wheelchair accessible (mention the need when you make your reservation). Go and have fun.

girls. As with most young people today, they begin their search for knowledge on the internet, which reveals way more than they bargained for on their quest for the basics of kissing.

Their next plan involved spying on Max’s teenage neighbor with his dad’s drone, which he has been instructed to not touch, and unfortunately for the boys the drone is lost in the endeavor. Good news is that Max’s dad is out of town, which buys them some time to replace the drone, though the path to doing so is plagued with adult and even dangerous situations along the way.

Max has charisma and is more like a kid from the popular crowd, while Lucas has a soft sensitivity, likes fantasy adventure games and tends to always have a mild mannered demeanor and Thor is both brave and a little dense compared to his two childhood friends. They discover in the end that this is also a time in life where kids tend to go their separate ways as they go to junior high and high school, but made a pact to always be there for each other for the big things in life.

Good Boys is produced by Seth Rogen and Evan Goldberg who produced Superbad in 2007, a very similar story of three friends experiencing life through wild misadven-



Ventura Breeze contributor and theater reviewer Shirley Lorraine won second place in this year’s County Fair Cowboy Poetry contest. The annual contest features performances of original works depicting aspects of western life and heritage. This year’s contest was sponsored by The Wharf of Ventura. Shirley has been writing and reciting cowboy poetry for over a decade.

tures, though they were preparing for college, while the characters in Good Boys are on their way to middle school experiencing many age-inappropriate situations along the way.

I question if it would be more relatable if I had a tween in my life or were a tween or teen, but also personally felt there was too much unnecessary profanity, especially Max’s character, and honestly feel somewhat disappointed if that’s the general vocabulary of tweens today. An interesting note is the movie was actually filmed at Jacob Tremblay’s school in Vancouver.

Though the movie touches on many realistic situations for tweens, it generally does so in very vulgar and profane ways that don’t seem necessary to the story. There’s a believable innocence to their misadventures involving foreign things such as sex toys and their purpose, which for them were ideal as weapons and disguises, however think in several instances that there was just gratuitous vulgarity disguised as comedy. Rated R 95m (for strong crude sexual content, drug and alcohol material, and language throughout - all involving tweens)

### Deputy Public Works Director elected

Continued from page 1

activities within the Public Works Department. The Public Works department oversees \$100 million with a team of 91 public works “First Responders” who continue to rebuild the community after the Thomas Fire. Prior to serving as Interim Public Works Director, she spent 17 years as the Fleet and Facilities Manager for the City of Ventura. In this position she managed a \$10 million operating budget, managed 25 employees and interacted daily with City departments and the residents of Ventura. In 2017, she was recognized as the National Government Fleet Manager of the Year and was inducted to the Public Fleet Hall of Fame in 2018.

The City of Ventura Public Works

Department received the prestigious American Public Works Association Accreditation Award and became the 92nd Agency out of 38,142 cities, towns and counties throughout the United States to receive this honor in 2014. This award recognizes Public Works Departments for implementing nationally recognized best practices, state-of-the-art operations, and the most efficient use of public resources. The City of Ventura Public Works Department is the 11th city in California to be accredited. Worldwide there are 95 agencies accredited – 93 in the US and 2 in Canada.

The City of Ventura Public Works mission is to build and maintain vital infrastructure and protect the environment for the safety, enjoyment and prosperity of future generations. The City’s 2018-2024 Adopted Capital Improvement Plan contains 140 capital improvement projects with a total of \$695 million. A total of \$60.3 million is planned in capital improvements for the new fiscal year. The department designs, constructs, inspects, improves and maintains the City’s infrastructure, including traffic, lights, sidewalks, streetlights, roadways, land development, solid waste, storm water and parking operations.

### Former VUSD teacher

Continued from page 1

Ventura through his teaching, coaching, as assistant principal... he gave his all in each area of his life. The world lost an amazing man.”

Many VUSD staff and their friends and family walked in the Walk Like MADD event on August 10. Ventura Unified School District Board President, Sabrena Rodriguez, led the “Do it for Pruitt” team, which had 35 walkers and raised funds which will go back to support MADD’s mission.

### Movie Review by Cindy Summers

## Good Boys



Breeze rating from 1 to 4 palm trees, 4 being best.

Having been invited to his first kissing party, Max and his friends Lucas and Thor set out to discover how kissing is actually done being only 12 years old and having never kissed a girl before. Not able to find reasonable answer from the internet, the boys use Max’s dad’s drone against his demands it to spy on a teenage neighbor for kissing tips, but that’s when things go wrong for them leading them on an accidental adventure involving party drugs and many adult situations they must hurdle to right the wrongs of their drone incident. Released by Universal Pictures, Directed by Gene Stupnitsky, Written by Lee Eisenberg and Gene Stupnitsky and starring Jacob Tremblay as Max, Keith L. Williams as Lucas and Brady Noon as Thor.

When Max is invited to his first kissing party, he elicits the help of his fellow “Bean Bag Boys” Lucas and Thor to discover the unknown world of kissing





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# Sunset Brunch

**Brunch: \$22**  
**Concert Only: \$10**

**Featuring:**

## Justo Almario & His Afro-Colombian Jazz Ensemble

**Sept. 6th - 6pm**  
**Heritage Square - Oxnard**

**Tickets: 805-207-3491**





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KEVIN O'CONNOR, President

**"Look for the ANT on the Door!"**

**Museum of Ventura County**  
*Continued from page 9*  
entertainment, 1950's inspired cuisine, period costumed actors, and much more! Tickets are available now at the early-bird rate.  
Free Figure Drawing at the Museum is back in full swing. The Museum's Artist in Resident, Ryan Carr, leads this class every 2nd Tuesday of the month from 6 p.m. to 8 p.m. in the Pavilion. All skill levels are welcome and some instruction is provided. This is a dry medium drawing class, so we ask that attendees refrain from watercolors or paints. Although the Museum's Research Library and Galleries are currently closed, many events/community activities are still scheduled in the Museum's Pavilion.  
The Free 7th Annual Labor Day

Vintage Tractor Fair is taking place at the Agriculture Museum in Santa Paula on September 2, 2019 from 10:30 a.m. to 1:30 p.m. Performing at the Labor Day Vintage Tractor Fair is Salty Suites. Their songbook of original and traditional songs will cover bluegrass, old country, swing, and classical music with a current edge. Also performing is the Museum's very own Haul & Oaks, featuring members of the Education department. Other family-friendly activities include pie-eating contests, bouncy houses, tractor crafts, and so much more. Many educational and preservation groups will be in attendance, including the UC Master Gardeners, The Santa Paula Bee Club, the Boys and Girls Club, etc. with a slate of free activities.